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Sports pg 18

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Local pg 3

Teens seek to
end violence

IranCrisis

Metro Canada is keeping
you up to date with
everything you need to
know about the evolving
crisis in Iran.

Today

- Ayatollah says vote will stand, pg 10
- On metronews.ca
- Look back on how events have unfolded with stories, photos and video in our ongoing Unrest in Iran section

Sunny Side

Follow
Metro's
SunnySide
initiative as
we help you find the good
news around Halifax and
Canada.

Today

- Spryfield Salvation Army honoured for help in recent fire, pg 6

On metronews.ca

- Share your SunnySide thoughts on Twitter using #sunnyside
- See what other readers are doing and saying

SameSex Marriage

With pride weeks now
underway across the
country, Metro Canada is
taking a look at the state
of same-sex marriages
all this week.

Today

- We introduce you to some couples hoping to get married in the U.S., pg 11

Tomorrow

- An update on the status of same-sex marriages in other countries



Ryan Taplin/Metro Halifax

MacDonald resigns

Interim leader Karen Casey first woman to head N.S. Tories

PAUL MCLEOD

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began most well-known. In 2006 she famously fired the Halifax Regional School Board due to infighting and appointed Howard Windsor to take over. In 2008 she disbanded the Strait Regional School Board for similar reasons.

Casey now has the job of rebuilding the party until a permanent leader is chosen.

"The first thing I'm going to do is to tour the province and talk to the people who cast their ballots at every election and let them know we are a party who are interested in Nova Scotians and interested in hearing what they have to say," Casey said to reporters.

"I think that's the important thing, is that I'm pre-

One-day sitting

• The Nova Scotia legislature will resume today for a special one-day sitting beginning at noon to elect presiding officials and establish committees of the House of Assembly. It was announced yesterday that Premier Darrell Dexter is nominating Pictou West MLA Charlie Parker to be Speaker of the House of Assembly. Also today, the swearing in of the Members of the Legislative Assembly will take place in Province House.

METRO HALIFAX

pared to listen."

MacDonald expressed no regrets about stepping down, and wished Casey the

best of luck.

"I've thoroughly enjoyed my time as leader. But it is time to move on to the next leader," MacDonald said. "Again, I have no reservations about the last three-and-a-half years."

MacDonald will continue to serve as MLA for Inverness and said he has "no intentions of going anywhere."

Yarmouth MLA Richard Hurlburt was rumoured to be pursuing the interim leader job. But in the end he did not put his name forward. A Metro Halifax reporter saw Hurlburt as he left the caucus office and asked if he had a moment to comment on the leadership.

"No," he responded, without stopping.

Game on
for next
PC leader

POLITICS With Rodney MacDonald now gone, the Progressive Conservatives have to get around to picking a permanent replacement.

Karen Casey was named interim leader yesterday, but was vague about whether she wanted to lead the party into the next election.

"There will be a decision made by the PC party at their (annual general meeting) as to when there will be a leadership convention and my intentions will be made known then," she said.

No one has publicly stated their desire to take over, but there are many possible contenders. Aside from Casey, former health minister Chris d'Entremont is considered a strong candidate.

Former justice minister Cecil Clarke's name has also been tossed around, although the debacle over mistaken prisoner releases earlier this year could hurt his chances.

The Tories could look outside their caucus. One obvious candidate is Halifax Regional Municipality Mayor Peter Kelly. Kelly has not publicly confirmed he is seeking the Tory job, though he has admitted to thinking about it. He has already been fundraising this year, despite just winning a new term as mayor last fall.

PAUL MCLEOD/METRO HALIFAX



Karen Casey

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Mother, child escape house fire

A mother and son escaped unharmed from a house fire in Loch Broom early yesterday morning. The fire, which began after midnight, destroyed the home on Oak Lane that was a former cottage converted to year-round use. The cause of the fire is still under investigation. **NEW GLASGOW NEWS**

Local

Serial drunk driver pleads not guilty

PHILIP CROUCHER
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DARTMOUTH A serial drunk driver pleaded not guilty yesterday to his latest charge of impaired driving and will go to trial on Oct. 16.

Terry Naugle, a 51-year-old from the Truro region, has well over 20 convictions for drunk driving offences, and is now before the court again facing new charges of impaired driving, refusing a breathalyzer, failing to stop at the scene of an accident and driving while disqualified.

He was arrested on March 28 in connection with a hit-and-run accident on Highway 102 near Enfield.

Naugle's 10-minute appearance in Dartmouth provincial court yesterday was his fourth time before a judge on these latest charges.

Naugle has been remanded since being arrested, which he consented to again yesterday as he now waits for trial.

Naugle asked for a trial by judge and that will take place in Dartmouth. The trial is expected to last one day.

Teens seek to end school violence

Nine concerned students ask for help at board meeting

KRISTEN LIPSCOMBE
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A group of Dartmouth-area teens are hoping to shed their school's reputation as "riot high" and made it clear last night they won't take no for an answer.

Nine determined students showed up at a Halifax Regional School Board meeting to seek help in solving the violence problem at Cole Harbour District High School, even though they had been dropped from the already busy agenda.

But before students had a chance to hold a protest outside board chambers in downtown Dartmouth, members voted to hear what they had to say after all. Both Cole Harbour and nearby Auburn Drive High faced their fair share of violence this year, including brawls that broke out at both schools in May, leading to several student arrests.

But Courtney Loughran, 17, told the school board it isn't just violence that's having a negative impact on all students. "There are many other disruptions and problems at our



Cole Harbour High students gather outside of the Halifax Regional School Board office in Dartmouth as they try to get on the agenda to speak to school board members last night.

school," the Grade 11 student said. "It impairs our learning ability."

Loughran said concerned students want to see stronger enforcement of school rules, including consistent use of positive effective behaviour supports, commonly called PEBS. The students even started up a Facebook group to promote their cause.

"The majority of the stu-

dent body at CHDHS is afraid," reads a post on the social networking site.

Loughran said students have approached everyone from Carole Olsen, superintendent of schools, to Mayor Peter Kelly and provincial politicians in an attempt to come up with a solution to ongoing conflicts.

"You're feeling a lack of respect among some students so your learning is

being disabled," commented area representative Gina Conrod, pointing to an anti-bullying program called Step Up that could help.

After her presentation, Loughran said she's hopeful Cole Harbour District High will become a happier place, with some much-needed work. "I want to know it's going to be a safe place for my (younger) brother to go."

Board budget set

The Halifax Regional School Board staffers who crunched the numbers may say they've come up with a "status quo" budget, but chairman Irvine Carver said yesterday there will be cutbacks.

"When you go status quo, you're slipping back," Carver said last night after board members approved close to \$389.5 million worth of public school spending for the 2009-10 year.

"We need to see continual progress in the area of student achievement."

In addition to agreeing with how provincial and federal government money will be spent next year, the school board also approved close to \$19 million in supplementary funding from HRM, for a total budget of about \$408.4 million.

That means the school board has balanced its books with a slight increase over last year's budget, but Carver said teachers and students will feel the squeeze come September.

Richard Morris, director of financial services, told members the province has pulled back on initiatives for all boards, including cuts to a textbook credit and literacy-improvement programs.

Man dies after car collides with logging truck

CRASH All firefighters saw as they approached a fatal collision early yesterday morning in Thorburn was a wall of flames.

Diesel, which spilled across Highway 104 when a Ford Escort collided with a fully loaded logging truck, had ignited following the crash, creating a wall of fire between the two vehicles.

A call came in shortly after 5 a.m. to the Pictou RCMP detachment, alerting the police as well as firefighters from Thorburn, Plymouth and New Glasgow of the crash.

"All they saw was this blaze of fire," said RCMP Sgt. Phil Oliver.

A 25-year-old Pictou County man died in the crash after the car he was driving hit the logging truck head-on. The deceased, whose name has not yet been released, had



A Pictou County man died at the scene of a crash yesterday morning after the Ford Escort he was driving veered into the path of an oncoming logging truck on Highway 104.

"All they saw was this blaze of fire."

RCMP Sgt. Phil Oliver

to be cut free from the Ford Escort using the Jaws of Life.

The car was headed towards Cape Breton when it veered over the centre lane and struck the logging

truck going to New Glasgow.

The male operator of the logging truck was rescued from the cab and taken to hospital in New Glasgow for treatment of minor injuries. He was later released.

Traffic was detoured on Highway 104 between Exits 25 and 26 into yesterday evening as the scene was cleaned up.

Oliver said police still have no idea what caused the crash.

Midwives clinic opening today in Dartmouth

HEALTH The IWK Health Centre is opening a new community midwives clinic today in Dartmouth.

The clinic is one of three new centres opening in Nova Scotia to integrate midwives into the health-care community, according to a news release from the IWK.

Midwifery became a regulated part of the Nova Scotia health-care system when the Midwifery Act was passed March 18.

There will be an open house at the IWK clinic today from noon to 4 p.m. at its location at 99 Wyse Rd.

The South Shore District Health Authority and Guysborough Antigonish Strait Health Authority will operate the other two clinics.

metronews.ca

What's online today.

Job Search using Metro's Workopolis search at metronews.ca/workopolis

Movies showtimes, trailers reviews and purchase tickets at metronews.ca/movies

Video Toronto Fire Services provides further details on the falling death of an elevator repairman at metronews.ca/canada

Video Rodney MacDonald gives some parting words as he steps down as N.S. Tory leader at metronews.ca/canada

Lotteries

Lotto 6/49: 13, 19, 23, 33, 38 & 48. Bonus 2. These results are not official.

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SHOW TIMES

July 1 2:30 Matinee
July 2 & 3 7:30 Evenings
July 4 & 5 2:30 Matinees
July 6 - 8 7:30 Evenings

Brown brings her diverse style to Multicultural Fest

Canadian songstress to take the stage this weekend

KRISTEN LIPSCOMBE
kristen.lipsccombe@metronews.ca

From this weekend's Multicultural Festival in Dartmouth, where she'll share the stage with crooners Paula Cole and Sarah Slean to the Cisco Bluesfest in Ottawa next month, where she'll perform alongside rocker Joe Cocker, Divine Brown is all over the map.

And that's exactly the way she likes it.

"My album is a diverse album, so I don't really discriminate in terms of who I might ... match myself up with on a lineup," the Juno award-winning vocalist told Metro Halifax earlier this week. "I dig all styles of music."

Her passion for what she calls "dabbling" in different musical styles becomes immediately apparent when you push play on her latest release and take in all 13 tracks, from first single Lay It On The Line to the catchy hidden tune Dirty Day.



Canadian music star Divine Brown is performing this Friday night as part of the 25th annual Multicultural Festival, which is running through Sunday.

"The album, The Love Chronicles, is about taking you on a trip through different periods of soul music and R&B, with elements of pop," a raspy-voiced Brown said from a Toronto salon, a day after attending the MMVAs and a day before filming her new video for '80s-inspired Sunglass-es.

"It starts from the late

'50s right up into contemporary times," she explained. "It's sort of meant to be versatile because I'm a versatile singer."

"Versatile" is the perfect word to describe Brown, who has a five-octave vocal range and will be all over the country this summer, stopping by Toronto's Pride Fest, the Calgary Stampede and many other events

Supershow 2009

- The Multicultural Festival presents Supershow 2009 tomorrow starting at 8 p.m. on Alderney Landing. Grammy Award winner Paula Cole is headlining, Canadian band MIR is hosting, while both Divine Brown and Sarah Slean are performing. Tickets are \$32 in advance or \$40 at the gate, plus tax.

along the way.

Brown is perhaps best known for radio friendly single Old Skool Love, a song from her self-titled album that she performed at the 2006 Junos, the last time she breezed in and out of Nova Scotia's capital city. This time she's performing at Alderney Landing, an outdoor venue nestled on Halifax's famous harbour.

"I love outdoor festivals and I also prefer more of an intimate vibe," she said. "It's summer and people are in a really feel-good head space."

Check out the food, tunes at festival

MULTICULTURAL You will be well fed at the 25th annual Multicultural Festival in Dartmouth, an event spokesman assures those planning to stop by this weekend's popular summer event.

In addition to enough food to fill your belly, there will also be an ample supply of music and dance, promises communications and fundraising co-ordinator Rae-Ann Kublick, with 30 different cultures repre-

Festival details

- For full details on the 25th annual Multicultural Festival, visit multifest.ca

sented.

The festival kicks off tomorrow night with the SuperShow on Alderney Landing, featuring Grammy award winner Paula Cole of Dawson's Creek theme song fame, along with Canadian singers Divine

Brown and Sarah Slean.

"The big concert is something new," Kublick said. "It's a centrepiece of the celebration."

Friday's musical extravaganza on Dartmouth's waterfront will be followed by Saturday's opening ceremonies and performances that will shine the spotlight on music and dance from around the world.

Saturday performers will dance, sing and more as residents and visitors alike can

take in worldly cultural sights and sounds.

The opening ceremonies at 5 p.m. will formally usher in the festival and following that there will be a dance extravaganza featuring styles such as Lebanese, Chinese, Scottish and Egyptian.

"The festival has built a loyal following over the years and everyone I've spoken to is very excited about it," Kublick said.

METRO HALIFAX

Bayers Island new conservation site

ENVIRONMENT The third in a "triple crown" of islands in the Musquodoboit Harbour has now become a conservation site.

The Nature Conservancy of Canada has acquired Bayers Island, a 79-acre piece of land about 30 kilometres outside of Halifax. Bayers Island is one of three islands forming an archipelago in Musquodoboit Harbour.

The NCC secured the other two islands — Francis Nose Island and Gunner Island — in 2000 and 2001 respectively. They an-

nounced yesterday in a release they had completed their goal of a "triple crown."

The announcement is part of NCC's eighth annual Gifts to Canadians. Leading up to Canada Day they will announce 10 new land sites acquired, one for each province, totalling

just over 556 square kilometres.

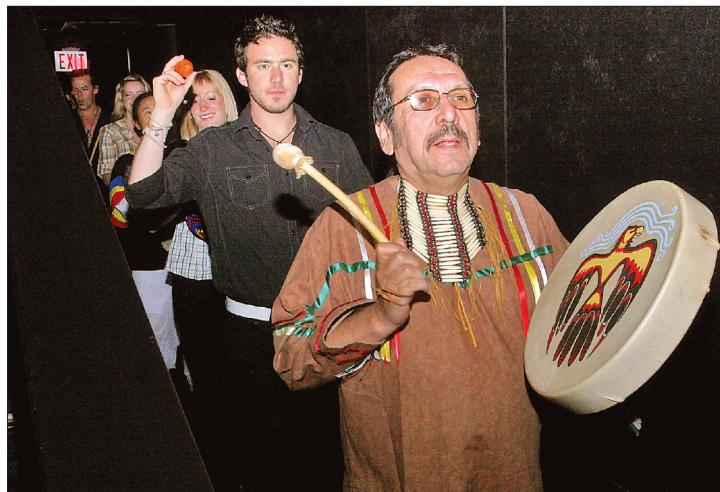
"As we approach our nation's birthday, we need to ensure future generations will be able to enjoy Canada's natural beauty." Linda Stephenson, regional vice-president of NCC Atlantic Region, said in a release.

METRO HALIFAX

News in brief

AWARD Mark Stebbins has been named the winner of the inaugural Mayor's Award of Distinction, Contemporary Visual Art for his work entitled Datamine. The contest was open to emerging and mid-career 2D visual artists based in the Halifax Regional Municipality. Stebbins was chosen ahead of other finalists Jonathan Johnson and Daniel Hutchinson, who each received honourable mentions. All three finalists works will be purchased as part of HRM's permanent art collection and displayed in public locations around the municipality.

METRO HALIFAX



DRUM! cast members march their way down the aisle at the Park Lane theatre during a press conference yesterday. DRUM! is releasing its first-ever DVD and will be performing on Parliament Hill for Canada Day.

The beat goes on

N.S. troupe taking their Drum on the road

CHRIS CHISHOLM
for Metro Halifax

Drum!, the musical experience that focuses on Nova Scotia cultures and rhythm, is going nationwide — again.

The show which features musical styles from Aboriginal, Acadian, African and Celtic cultures will be the opening act for Canada Day celebrations on Parliament Hill in Ottawa before about 100,000 people.

The event will also be shown live on CBC starting at 1 p.m.

Jeremiah Sparks is a performer with Drum! and was wearing a traditional African costume for the announcement made at Park Lane Cinema in Halifax. He said he was excited to

perform for Canada. "We did it last year and had a great time," he said. "It's definitely a spectacle to be a part of."

Drum! will also be having a short live performance run at the Rebecca Cohn Theatre starting in October. They will be collaborating with Symphony Nova Scotia for a

few of the performances and Sparks is looking forward to mixing in another musical style.

"That's going to be absolutely gorgeous," he said. "The more people that we add the more it brings us together, and adding the symphony is going to take

it to a whole other level." Erika Beatty is the CEO of Symphony Nova Scotia and said they still need to work with the director of Drum! to figure out how the compilation shows will work.

"Some members of the orchestra may be on stage," she said.

"We don't really know all the details at this point, but that's part of the fun." Drum! will also be performing in Milwaukee for the Irish Festival in August. The festival is one of the largest festivals in North America with audiences close to 125,000 people.

Teen charged in Dartmouth break-and-enter

ROBBERY A 15-year-old male youth was to appear in Halifax provincial court yesterday facing charges including break and enter after police say someone broke into a Dartmouth home Tuesday.

Halifax Regional Police say a resident returned

home from work Tuesday afternoon and found her house had been broken into and several items were missing. She reported the incident, and police say a person of interest was identified and arrested on an outstanding warrant.

Police then say a search

of another Dartmouth residence yesterday morning recovered evidence in Tuesday's break and enter.

The 15-year-old Dartmouth youth is also charged with breach of probation and breach of recognizance.

METRO HALIFAX

News in brief

HEIST Halifax Regional Police responded to a report of a robbery at Robins Donuts on North Street in Halifax Tuesday. Police say a lone male entered the donut shop, demanded cash and then fled on foot. Police and the K-9 unit search the area but couldn't find the alleged suspect. Police say he is five-foot-one and was wearing dark clothing, a hoodie and a bandana covering his face.

CHARGES A 27-year-old Halifax man appeared in provincial court yesterday facing a number of weapons-related charges after police say a knife was located under the driver's seat of a vehicle during a traffic stop on Federal Avenue in Halifax Tuesday. Halifax Regional Police say they pulled the car over at 10:28 p.m. and when the knife was found the driver was arrested.

HUNT The annual moose hunting licence draw came earlier this week at the East Bay Royal Canadian Legion. It saw a crowd of 150-plus people anxiously wait hours hoping their name would be drawn. Hunter success rates in the past decade have been in the 80-95 per cent range. However, just 336 of the 10,542 hunters who applied were granted a licence to hunt moose. METRO NEWS SERVICES

Maritimers go to uni in droves

The Maritime provinces' reputation for having a high university participation rate got solid support from a report released yesterday.

The Maritime Provinces Higher Education Commission's report University Participation: A Maritime Perspective, found universities in the region attract high numbers of students from within and outside the Mar-

itime, and a high proportion of Maritime youth (age 18-24) go to university here or elsewhere in Canada.

Measuring the proportion of the population that enrolls in university is an important method for governments, universities, and the public to get a sense of whether qualified students have access to a university education. It is also a marker of future economic prosperity.

given its link to future educational achievements.

Over the past 25 years, overall participation in Maritime universities has more than doubled to 34 per cent, eight points greater than the national average. Overall participation rates by province were: Nova Scotia, 39 per cent; Prince Edward Island, 25 per cent; New Brunswick, 28 per cent.

CHARLOTTETOWN GUARDIAN

Outstanding warrant arrest results in more charges

WEAPONS Two men are facing weapon and drug charges after a traffic stop in Dartmouth yesterday. Halifax Regional Police say at 12:48 p.m. information was received from an off-duty officer that a man with an out-

standing warrant was inside Mic Mac Mall. Police say the man left the mall in a vehicle, which they stopped on Mic Mac Boulevard. The passenger was identified and arrested and a subsequent police search resulted in

finding a loaded handgun, a quantity of drugs and money and a can of bear spray. A 20-year-old from Truro and a 19-year-old from Lake Echo will be in Dartmouth court today to face charges.

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Taste of Nova Scotia has won the right to host the inaugural World Culinary Tourism Summit that will take place in September of 2010. The summit will bring up to 500 leaders of the culinary tourism industry to the province. More details are expected in the coming weeks. METRO HALIFAX

World culinary summit coming to town in 2010

Salvation Army keeps on growing

Bigger Spryfield family resource centre will help serve the community better

Sunny Side ☀

LESLEY PIKE
for Metro Halifax

Captain Jim Mercer talks proudly about the Salvation Army and its open-door policy for people.

And with a newer, much bigger location now opened in Spryfield, that door could be welcoming even more.

"There's an open door welcome for the community regardless of what background you come from — regardless of what socio-economic status you fall into, or ethical background," Mercer, pastor of the Spryfield Salvation Army Church, said yesterday. "It doesn't matter."

Mercer is actually say-



Captain Jim Mercer stands inside the new Salvation Army Family Resource Centre in Spryfield in front of a painting by local artist Tina Fluke yesterday.

ing goodbye to the community. Next week he moves to Orillia, Ont. with his family to work at another church.

He's worked in Spryfield for the past seven years and has seen the local Salvation Army go from a small church loca-

tion on a hill to the brand new and much larger Spryfield Family Resource Centre on the Herring Cove Road.

Cross-country ride ends in Halifax

CHARITY Thirty-six cyclists arrived in Halifax yesterday after finishing a 12-day 7,000 kilometre ride from Vancouver as part of the Sears National Kids Cancer Ride.

The purpose of the cross-country ride is to raise funds and awareness for children's hospitals such as the IWK and aid cancer research.

Last year the annual ride raised \$1.1 million to fund research programs, the largest single donation ever given to Canada's group of pediatric cancer initiatives known as C17.

METRO HALIFAX

Store owners mad over tax hike

CIGARETTES Some convenience store operators are crying foul over the latest increase in taxes on cigarettes in the province.

A five cent hike per cigarette went into effect at midnight Tuesday. That's an additional \$1.25 for a pack of smokes and an increase of \$10 for a carton of cigarettes, which holds eight packs of 25 cigarettes each.

"The prices of cigarettes are already on the highest level in Canada," said Masood Chaudhry, who manages the Canadian Tire gas bar on Victoria Road in Sydney.

"The prices of cigarettes are already on the highest level in Canada."

Masood Chaudhry, gas bar manager

He said the tax hike is only contributing to the increased demand for contraband cigarettes that are smuggled into the province.

The new NDP government increased the cigarette tax after the previous Tory government attempt-

ed to do the same but was defeated on a budget bill in early May.

It's a move that's expected to raise \$21 million in this fiscal year.

Chaudhry said fewer customers buying cigarettes at his store will result in poor sales, which is particularly important because cigarettes make up the bulk of a convenience store's revenue.

"When they find the \$1.25 increase is there, they will find a way definitely. They will not go to a store. They'll say, 'OK, switch over to the illegal (cigarettes).'"

CAPE BRETON POST

Sydney tar ponds clean up to launch project into full gear

CONTRACTS The Sydney Tar Ponds Agency is about half-way through the 10-year cleanup of the coke ovens and tar ponds sites, but less than one-fifth of the budget has been spent.

Those numbers are expected to change later this year as several large contracts are awarded, including the largest one — expected to be about \$50 million — for the solidification and stabilization of the former industrial lands.

Several smaller projects, including capping of the former cooling pond and

fire in the Spryfield area this spring.

The award was given at a celebration inside the neighbouring RBC, which is one of the many local companies that donated money to help build the new facility, as yesterday they presented the group with a \$40,000 cheque.

Spryfield resident Wendy Liggins saw the efforts of the Salvation Army first hand. She was evacuated from her house during the devastating forest fire, and spent some time at a shelter at the Captain William Spy Community Centre, which the Salvation Army helped run.

"This community just cannot do without them. They really can't," she said. "They more than had our backs."



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Woman who gave birth in Wal-Mart found not guilty

A woman who gave birth in a Wal-Mart washroom in Prince Albert, Sask., and left the baby behind has been found not guilty of child abandonment, CBC News Online reports. **METRO NEWS SERVICES**

Canada



Soprano undergoes heart surgery

International opera star Measha Brueggergosman underwent emergency surgery in Toronto last week, her family told CBC News Online. The Fredericton-born soprano suffered a life-threatening tear in her aorta. Brueggergosman was taken to a hospital emergency room from her home last Tuesday when she wasn't feeling well. She recently achieved a dramatic weight loss of about 150 pounds, which she said was a result of Bikram yoga.

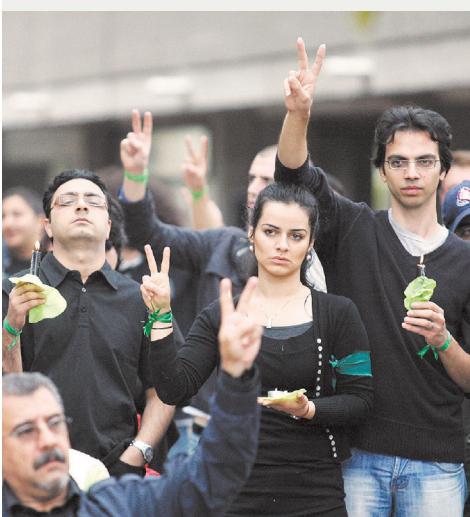
METRO NEWS SERVICES

News in brief

ECONOMY Finance Minister Jim Flaherty said yesterday he was seeing more positive signs than negative ones in the country's economy. "Certainly there are positive indications of stabilization in the economy. What we want to look for now are signs of the beginning of economic growth. We're starting to see some positive indications of consumer confidence, some increased activity in residential real estate," Flaherty said in a conference call from Washington.

ENVIRONMENT An environmental group yesterday asked U.S. Secretary of State Hillary Clinton to deny permits for pipelines that would bring oil from Canada's tar sands to the United States. Environmental group ForestEthics said production from Canadian tar sands generates up to five times more greenhouse gas emissions than conventional oil. **REUTERS**

B.C. Moments of silence



Students at Simon Fraser University in Burnaby, B.C., near Vancouver, hold an eight-minute silent vigil yesterday for students killed during protests in Iran.

Native pandemic

First Nations declare emergency in flu's wake

Flu-stricken Manitoba First Nations communities have declared a state of emergency in the wake of the federal government's response to the swine flu pandemic.

Chief David Harper said he hopes the move will make Ottawa understand the gravity of the situation, given how many aboriginal people in the province are positive for influenza A (H1N1), also known as swine flu.

"We have declared a state of emergency based on the fact ... that preparations for combatting the H1N1 virus are very slow and we are still getting results of positive cases," said the chief for the Garden Hill First Nations, about

Population

- While aborigines make up a little more than 10 per cent of Manitoba's population, they account for roughly two-thirds of the people who have required intensive care for swine flu, according to provincial health officials.

550 kilometres northeast of Winnipeg, near the Ontario border.

Harper said even the most basic precaution against spreading germs, such as regularly washing hands, is impossible in some reserves where the majority of residents don't have running water.

"We are calling on the

federal health minister (Leona Aglukkaq) and every minister responsible for this crisis to come forward and state who is taking the lead role here and explain what is happening," he said.

It was revealed this week Health Canada had delayed sending alcohol-based liquid hand-sanitizers to some First Nations communities for fear some residents might drink it.

Harper said the fact these communities couldn't even get hand sanitizers — with or without alcohol — is making native leaders question whether the federal government even has a pandemic plan for First Nations reserves.

TORSTAR NEWS SERVICES

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Quebec City Quebec may 'Hab' land back



Prime Minister Stephen Harper, right, points to the Montreal Canadiens logo on a child's shirt during a gathering for the St. Jean Baptiste in Quebec City, yesterday. Harper said he wants to give back the land where the national assembly is located to Quebec, CBC News Online reported.

Alberta law takes aim at armoured vehicles

LAW Alberta's top cops revealed a criminal road-block in the battle against gangs yesterday, intended to park armoured vehicles targeted by bullets.

The legislation will force armoured vehicles to pass an inspection.

While the initiative is proactive, Canadian gang expert Michael Chettle-

burgh predicts the blow will be anything but major.

"It's not going to change the gang dynamic in Alberta remarkably in any way," he said.

METRO CANADA

Abdelrazik planning return this weekend

Lawyer worries something could go wrong after ordeal

Abousfian Abdelrazik plans to fly home to his family this weekend after being stranded at the Canadian Embassy in Sudan for more than a year.

"He is happy. He feels very close," his Ottawa-based lawyer Yavar Hameed said before setting off for Khartoum yesterday to accompany his client on a flight that will arrive in Toronto on Saturday afternoon.

But Hameed said Abdelrazik is still nervous that something could go wrong after hitting so many earlier bumps in the road on the way to the end of a six-year ordeal that included imprisonment in Sudan and, allegedly, torture.

Hameed said he too was

Profile

• Abdelrazik was born in Sudan and arrived in Canada as a refugee claimant in 1990, becoming a Canadian citizen in 1995 and residing in Montreal. He alleges Sudanese authorities tortured him after he was arrested in 2003 when he re-

turned to visit his ill mother. The Sudanese government has released him, twice, and both the RCMP and the Canadian Security Intelligence Service have said they have no substantive information linking him to criminal activity.

in the embassy," Hameed said yesterday.

Foreign Affairs spokesperson Emma Welford said the exchange was informal.

"No meeting occurred. There was a brief exchange between a U.S. official and Mr. Abdelrazik as the U.S. official was exiting the Canadian Embassy," Welford said.

TORSTAR NEWS SERVICE

War of words rages over gang legislation

COURTS What began in Parliament eight years ago as an attempt to combat organized crime has given way to a war over words in an Ontario courtroom, where two members of the Hell's Angels are challenging Canada's anti-gang law.

Chaps on "motor bikes" was the term one defence lawyer used in describing Steven "Tiger" Lindsay and

Raymond Bonner before their case wrapped up yesterday in the Ontario Court of Appeal. At their extortion trial four years ago, a Superior Court judge declared the Hell's Angels a criminal organization.

Justice Michelle Fuerst convicted Lindsay and Bonner of extortion under anti-gang legislation introduced in 2001. It allows courts to

TORSTAR NEWS SERVICE

News in brief

CLIMATE CHANGE The United States and Canada must do more than currently proposed to tackle greenhouse gases, France says in a position paper

ahead of global climate talks in Copenhagen this December. It warned that Canada and the United States were not on course.

REUTERS



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World



Monkey urinates on Zambian president

A monkey urinated on Zambian President Rupiah Banda as he spoke to journalists at a news conference yesterday. Banda softly shouted: "You have urinated on my jacket," and paused as he looked up to see the animal playing in a tree just above his chair. "Perhaps these are blessings," he said continuing his address amid laughter from the audience of journalists and diplomats.

REUTERS

Governor comes clean on affair

U.S. South Carolina Governor Mark Sanford tearfully admitted yesterday he had been unfaithful to his wife, likely ending any chance he might be a Republican contender for the U.S. presidency in 2012. Sanford resigned as chairman of the Republican Governors' Association. Sanford's confession at a news conference ended days of speculation over his whereabouts. After he disappeared last week, his staff first said he was hiking on the Appalachian Trail. It later emerged he had travelled to Argentina to be with his lover, leaving his family over Father's Day weekend.

REUTERS

Iran Crisis

Iran's Supreme Leader Ayatollah Ali Khamenei declared yesterday that a disputed election result would stand, despite street protests that Iranian officials say Britain and the U.S. have incited.

The opposition refused to be bowed. Reformist cleric Mehdi Karoubi, who came last in the June 12 presidential election, called the new government "illegitimate" and around 200 protesters braved the security crack-

"Neither the establishment nor the nation will yield to pressure at any cost."

Ayatollah Ali Khamenei

down near parliament. Riot police later used tear gas to break up the protest.

Police and militia have largely succeeded in taking back control of the streets this week after the biggest anti-government protests since the 1979 Islamic revo-

lution. The hardline leadership is refusing to give ground.

"I had insisted and will insist on implementing the law on the election issue," said Khamenei, the most powerful figure in Iran. "Neither the establishment nor the nation will yield to pressure at any cost."

Iran is blaming the discontent on foreign powers.

"Britain, America and the Zionist regime (Israel) were behind the recent unrest in Tehran," Interior Minister Sadeq Mahsouli said, according to the semi-official Fars news agency. **REUTERS**

News in brief

NORTH KOREA U.S. President Barack Obama yesterday renewed sanctions against North Korea, declaring that its nuclear program posed a

national security risk and a danger to the Korean Peninsula. "The current existence and risk of the proliferation of weapons-usable fissile material

on the Korean Peninsula constitute a continuing unusual and extraordinary threat to the national security," Obama said in a notice to Congress. **REUTERS**

China Countdown ceremony



Police take part in a ceremony marking the 100-day countdown to the Oct. 1 anniversary of the founding of the Peoples Republic of China in Beijing yesterday.

FRIES



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CREATE
A BETTER CANADA





Jim, right, and Cheng, from New York City, are hoping New York state legalizes gay marriage so they can get married in front of their friends and family.

Faces of the U.S. fight

GRAHAM WOOD
Metro World News



Sometimes people think gay couples want to get married just to say they did it and scoff in the faces of those who oppose their right to do so. But there's a unique story behind every gay couple. Metro introduces you to three different couples with very different experiences:

NEW YORK Jim and Cheng — they did not want to use their last names — fell in love the first night they met to watch one of pop culture's most iconic love stories.

"Sex and the City, of course," Jim said. It's been a year since that night, and the couple wants to be married in front of friends and family. That may happen since New York will soon decide whether to legalize gay marriage. But if it does, there's one thing it won't grant.

Cheng is from Taiwan and in the U.S. on a visa, and the Defense of Marriage Act prohibits federal recognition of gay marriages.

BERKELEY, CALIF. Simma Lieberman and Sandra Michele Brown never understood the hoopla over gay marriage. They would go to partnership ceremonies for other gay couples, and it

just didn't make sense to them.

"We thought it was just gay people trying to be accepted by the outside world," said Lieberman. But when Brown died of a heart attack at the age of 53, Lieberman didn't have any legal right over her body or her belongings, nor to say good-bye before she was cremated. "I had to get permission from her brother to do all that," Lieberman said. "The crematorium had to get his verbal permission."

SAN FRANCISCO Frank McGinness' wedding ceremony wasn't quite what he had imagined. It was mid-2008, and San Francisco had just started issuing marriage licenses to same-sex couples. Opposition to the move was building, and Proposition 8 — denying gays the right to marry in California — was going to be placed on the ballot in November.

"We thought we could wait for families and friends to be available to attend our marriage," McGinness said.

"But we had (to rush) ... in case Prop 8 passed." It turned out none of their family members were able to make it to their impromptu ceremony at San Francisco's city hall.

Scotland sets ambitious goal

ENVIRONMENT Scottish lawmakers yesterday backed a binding goal to cut greenhouse gases by 42 per cent by 2020 from 1990 levels, edging Germany into second place in a ranking of the most ambitious developed world targets.

Developing countries have demanded that rich nations take the lead in fighting climate change. They have so far been unimpressed with plans which show big gaps must

be bridged to agree a global treaty in December to replace the Kyoto Protocol.

Scotland's bill included an option to curb its ambition if no strong global climate deal is reached in six months' time.

Environmental campaigners nevertheless hailed the decision by Scotland, which has ample po-

42%

Targeted cut in Greenhouse gases by 2020 by the Scottish parliament.

tential for low-carbon wind power, having derided targets proposed earlier this month by Japan and Russia. "At least one nation is prepared to aim for climate legislation that follows the science," said Kim Carstensen, head of the Global Climate Initiative of the WWF International environmental group. **REUTERS**

Google access in China disrupted

WEB Internet users in China were unable to open the main site of Google, the world's biggest search engine, late yesterday, and the company's China chief asked users for patience while it investigated. The disruption came less than a week after China's Internet watchdog ordered Google to stop overseas websites with "pornographic and vulgar" content from being accessed through its search engine. **REUTERS**


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Comment

Pride starts adding up

Relating

Steve Collins

metronews.ca/collins

With pride weeks underway, en route to Canada Day, it's possible to conflate Pride and patriotism.

To the south, the Obama administration has extended benefits to same-sex couples working for the federal government — except, presumably, in the military, where the old “don’t ask don’t tell” policy is still in place.

Members of the Canadian Forces participated in Toronto’s Pride Parade for the first time last year.

Of course, this year, you can bet Prime Minister

On the web

For more views on relating, go to Love Bytes at metronews.ca/blogs



Stephen Harper will uphold the long-established prime ministerial tradition of skipping the parade.

Paul Martin once begged off citing a “scheduling conflict.”

No other PM has even bothered to make an excuse.

There is still much to celebrate here, where same-sex marriage was legalized four years ago now, putting the activist group Canadians for Equal Marriage out of business.

A lot of things have changed. Me, for example.

I went to high school in a small town in the 1980s. There were no openly gay kids. We’d never heard the word homophobia, and we knew a lot of gay jokes, but no gay people.

Except Mr. G, the math teacher, who you might expect to be in for a world of mockery from his spotty and unevolved charges, at least behind his back. But he wasn’t. Whip-smart, funny and patient, he was a student favourite.

Small place that it was, my dad had taught Mr. G math, and remembered him as a struggling student. Maybe knowing what it felt like not to have the answer was what made him such an exceptional teacher, which he undoubtedly was.

He also bonded with some students over a mutual love of heavy metal, which we, for some reason, thought was very straight music indeed. (The possibility incredibly never crossed our minds that Rob Halford,

the singer of Judas Priest, who performed in Pride-issue biker leathers, was gay.)

The headbangers would vacate the smoking area and pile into a classroom after school for sessions of what was known as the “Cultural Society,” Mr. G’s regular screenings of metal videos on the school’s AV equipment.

When I talk to some of the guys from school today, it’s noticeable how much their attitudes have mellowed towards same-sex marriage, and gays and lesbians in general. Some of this can be attributed to changing times, and some to the shocking onset of adulthood, but I think it all started with Mr. G — teacher, rocker, and all-round great gay dude.

So, happy Pride Week, Mr. G, though I still stink at math.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Right to full-body veil not a matter of religion



Mona Eltahawy

Guest Columnist

The full-body veil, called the burqa or niqab, terrifies me.

I’m a Muslim woman who defends a woman’s choice to wear a headscarf — I wore one for nine years — but I will never defend the niqab. It embodies the erasure of a woman’s identity.

And so I agreed with French President Nicolas Sarkozy when he said the burqa wasn’t welcome in France because it “is not a religious sign, it’s a sign of subservience.”

I would add the niqab doesn’t belong anywhere, neither in countries where Muslims are a minority nor in a Muslim-majority country like Egypt, my

country of birth.

An argument I had on the Cairo subway — while I still wore a headscarf — with a woman who wore niqab helped seal for good my rejection of the niqab.

She asked me why I did not wear the niqab. I pointed to my headscarf. “Isn’t this enough?”

“If you wanted a piece of candy, would you choose an unwrapped piece or one that came in a wrapper?” she asked.

“I’m not candy,” I answered. “I’m a woman.”

I retell that argument often because it shows the niqab isn’t about the “West” versus “Islam.”

Many will accuse Sarkozy of hating Muslims, but that would be to concede that the burqa is religiously mandated, as extremists believe. Many Muslim scholars have clearly described the niqab



as an old Bedouin tradition that was not required by the Quran, the Muslim holy book.

To connect the niqab with Muslim women is inaccurate because only a small minority wears it.

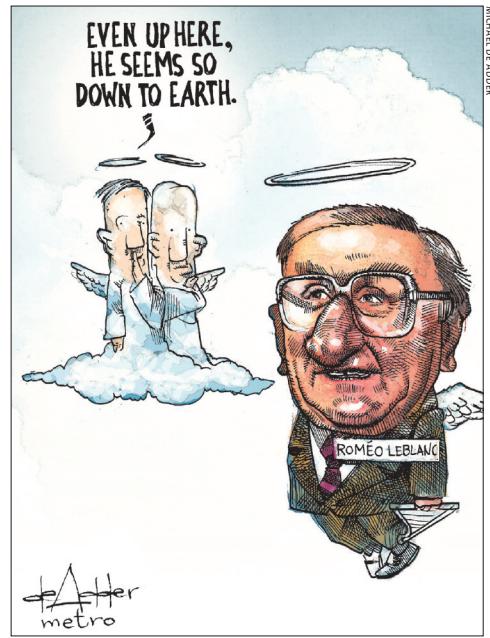
Hearing Muslims argue over the burqa is the best way to disarm the Islamophobic right wing in Europe and in North America and their crocodile tears for Muslim women. We don’t care for their “support” and yet — to fight Islamophobia — we must not silently watch extremists erase Muslim women

out of existence.

That’s where “it’s about the economy, stupid!”

France is home to Western Europe’s largest population of Muslims, estimated at about five million. Many complain of discrimination and blame the French government for inaction. It was good to hear Sarkozy also say that France’s integration model wasn’t working any more because it doesn’t give immigrants and their French-born children a fair chance. That’s the best way to fight extremists and the niqab they promote. The majority of Muslims in France are more concerned with poverty and unemployment than with the niqab.

Mona Eltahawy is an award-winning syndicated columnist and an international public speaker on Arab and Muslim issues. She is based in New York.



Worth Mentioning

Facebook, Twitter, blogs don’t rank with top CEOs

BUSINESS The heads of the top U.S. companies might be engaged in the boardroom, but they’re switched off when it comes to social media, according to a new study that said CEOs should be more connected to their customers.

Research conducted by the blog UberCEO.com looked at Fortune’s 2009 list of the top 100 CEOs to determine how many were using Facebook, Twitter, LinkedIn, Wikipedia, or had a blog — and found they were mostly absent from the rapidly-growing social media community.

The study found only two CEOs had Twitter accounts and 81 per cent of CEOs did not have a personal Facebook page.

Only 13 CEOs had profiles on the professional networking site LinkedIn. Three quarters of the CEOs did have some kind of

“It’s shocking that the top CEOs can appear to be so disconnected from ... their own customers.”

Sharon Barclay

Wikipedia entry, but nearly a third of those had limited or outdated information such as incorrect titles, or lacked sources.

Not one Fortune 100 CEO had a blog.

“It’s shocking that the top CEOs can appear to be so disconnected from the way their own customers are communicating. They’re giving the impression that they’re disconnected, disengaged and disinterested,”

said Sharon Barclay, editor at UberCEO.com, who runs executive PR firm Blue Trumpet Group.

REUTERS

Metro Online Poll Results

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New iPhone costs \$179 to produce: Analysis

Apple Inc.'s new entry-level iPhone model costs \$179 US in materials and manufacturing expense, according to an analysis yesterday by research group iSuppli. The 16-gigabyte version of the new iPhone 3GS carries a bill of materials of \$172.46 and costs \$6.50 to make, iSuppli estimated. **REUTERS**

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Firms testing TV on the web

Time Warner Inc. and Comcast Corp. have banded together to test ways to allow people to watch more TV shows over the web, while making sure they keep paying for their traditional cable or satellite TV services.

The partnership by two major media companies underscores the pressure the TV industry is under to protect its revenue but also satisfy consumers who want to watch their favourite drama or comedy at a time and place of their choosing.

Time Warner and Comcast are banking on an approach that would essentially let viewers see any show at any time over any sort of device they wanted — whether that is a TV set,

REUTERS

Trials next month

- In testing whether the system will work, both technically and strategically, Time Warner and Comcast will begin a national trial of the service in July.

computer or cellphone.

One catch: they must first prove they are a cable or satellite customer, meaning they already pay a monthly subscription fee for TV.

In announcing the partnership yesterday, Time Warner chief executive Jeff Bewkes stressed that he viewed the plan as a "free gift" for consumers that simply "expands" their entertainment choices.

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metro

Poor nations plead for aid at UN

NEW YORK Representatives of developing countries had a clear message yesterday for a UN meeting on the global financial crisis — we need money.

The three-day conference has been fraught with difficulties for weeks. It was originally scheduled for June 1-3, but UN General Assembly President Miguel D'Escoto postponed it to this week when it became clear negotiators had no agreement on draft proposals for reforming the global financial system.

Although the meeting has been billed as a summit, no Western leaders are attending. Only a dozen presidents and prime ministers, mostly Latin American and Caribbean, showed up. Others taking part have sent lower-level delegates.

On the first day, speakers from developing coun-



Ngozi Okonjo-Iweala, managing director of the World Bank, speaks at the United Nations conference on the World Financial and Economical Crisis in New York yesterday.

Business in brief

WASHINGTON The U.S. Federal Reserve yesterday held monetary policy steady and said the U.S. economic recession was easing, as it signalled its worries over a possible downward spiral in prices were easing. The central bank also said it had decided to hold overnight interest rates in a zero to 0.25 per cent range and repeated that they would likely stay unusually low for some time.

REUTERS

JOB Steve Jobs is recovering well from a liver transplant in Memphis, Tenn. and has an "excellent prognosis," according to the Memphis, hospital where he had the surgery. Jobs, who gave the hospital permission to make the disclosure, was the sickest patient on the waiting list at the time a liver was available, a Methodist University Hospital Transplant Institute doctor, said in a statement yesterday. Apple's 54-year-old CEO, a cancer survivor, went on medical leave in January.

TORSTAR NEWS SERVICES

Mobile money could help poor

- Being able to use a cell-phone for money transfers and bill payments would give some of the world's poorest

people the chance to become part of the financial system, telecom providers and bankers have said.

tries made clear that they saw their nations as victims of a financial crisis

and pleaded with the world's wealthy nations to help them.

REUTERS

Ford Motor Co. aims to cut the number of its parts suppliers by almost half by the end of 2009 as the only U.S. automaker to avoid bankruptcy attempts to shore up its supply base at a time of deep financial stress for the industry. **REUTERS**

Nike, hall of fame sued

A Massachusetts company has sued Nike Inc. and the U.S. basketball hall of fame, claiming breach of contract and fraud over the manufacture and sale of sportswear linked to Michael Jordan's upcoming induction into the hall.

SportsFuzion Inc. filed the lawsuit in Massachusetts state court late on Monday and is seeking more than \$10 million in general and punitive damages from Nike and the

Naismith Memorial Basketball Hall of Fame in Springfield, Mass. A Nike spokesman said company officials were reviewing the complaint, but believe it is without merit. Hall of Fame officials could not be reached for comment.

The Millis, Mass.-based SportsFuzion said in court documents that in March 2006 it signed a con-



Michael Jordan

tract with the Hall of Fame giving it exclusive rights to the organization's trade names, logos, trademarks, designs and photos for use in sportswear through 2012 or later considering renewal rights. The lawsuit also charges Nike with interfering with a contract and charges both parties with unfair and deceptive trade practices. **REUTERS**



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U.S. economy has 'no bounce': Buffett

NEW YORK Warren Buffett said yesterday that the U.S. economy has "no bounce" and will take time to recover, but there is no risk of deflation to push it further into despair.

On CNBC television, the world's second-richest person also praised Washington's efforts to jump-start economic activity.

He lamented that the slowdown has hurt his insurance and investment company Berkshire Hathaway Inc., which runs close to 80 businesses and in the

"They're doing things, but they take a while to have an effect. You can't produce a baby in one month by getting nine women pregnant."

Warren Buffett

January-to-March period had its first quarterly loss since 2001. "We have had no bounce" in the economy, Buffett said.

But, he added: "I don't worry about deflation at all."

Government efforts to stimulate business remain a work in progress, and

President Barack Obama on Tuesday again said the nation's jobless rate will rise above 10 per cent.

"They're doing things, but they take a while to have an effect," Buffett said. "You can't produce a baby in one month by getting nine women pregnant."

REUTERS

Global ad sales expected to drop 5.5%: Forecast

STUDY Global advertising spending is expected to drop 5.5 per cent in 2009, more than previously thought, before a mild recovery begins in 2010, according to a new forecast.

WPP's GroupM said yesterday that spending on measured media was expected to drop to \$417 billion in 2009 and to be down 1.4 per cent to \$411 billion in 2010, according

Canada lags

- Spending on advertising in Canada, the U.S., Britain, France, Germany, Italy and Japan was forecast to lag behind the recovery.

to the forecast which looked at 70 countries. Its previous forecast in March put the 2009 decline at 4.4 per cent. **REUTERS**

Business in brief

NORWAY Norwegian oil and gas group StatoilHydro is trying to reverse a ban on the sale of alcohol at gas stations in Lithuania, claiming it may lead to layoffs. The ban on selling alcohol at night came into effect on Jan. 1, after which accidents linked to alcohol have dropped by 45 per cent in January-May compared with the same period last year, according to police data. StatoilHydro said the ban had led to a major drop in revenue, which could lead to automated stations and "massive layoffs". **REUTERS**

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metro

Bailout bank boosts salaries

Citigroup Inc. says it has to retain employees

Citigroup Inc., the troubled bank that accepted \$45 billion US in bailout money, is raising salaries companywide.

It says it's an effort to retain employees and offset restrictions on bonuses.

According to people familiar with the plans, the changes mean some employees may be paid more and others less.

But overall compensation should remain unchanged as the higher salaries offset lower incentive payouts, the insiders say.

Citigroup also expects to issue new stock options to cushion a roughly 95 per cent drop in its stock price since late 2006, one of the sources said.

The changes may help the third-largest U.S. bank better control the risks it takes, by reducing the focus of investment bankers and

"Retaining and attracting the best talent is very important to the success of Citi and all its stakeholders."

Citigroup

traders on performance-related bonuses.

They follow the Obama administration's naming this month of Kenneth Feinberg as a special master to oversee pay practices at Citigroup and other companies that received "exceptional" federal aid.

Citigroup is in the process of a stock swap expected to give the government a 34 per cent ownership stake in the bank.

Lawmakers have attacked

the payment of bonuses and other compensation they deem excessive to employees of companies that received government aid.

President Barack Obama himself has said bank pay packages encouraged excessive risk-taking, one cause of last September's near meltdown of the financial system.

"We got way overleveraged in the financial arena," billionaire investor Warren Buffett said on CNBC television.

"We do need something to address institutions where the wrong incentives are in place; their personal incentives are at real variance with what our national incentives should be."

Citigroup employs roughly 300,000 people.

Investment banking employees will be the first to see the changes.

REUTERS

Business in brief

TAKEOVER Addax Petroleum Corp. of Calgary has struck an \$8.27-billion deal to be taken over by Sinopec International Petroleum Exploration and Production, a Chinese firm. CBC News Online reports Sinopec will pay \$52.80 in cash for each share of Addax.

METALS With base metals prices struggling to rebound, miners are becoming more picky about the quality of ore.

Mines focus on quality

"We'd like to do more on the cost side, but the best thing we can do is make sure we send a tonne of rock that has a positive margin on it," said David Constable, FNX's vice-president of investor relations.

REUTERS



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Olympic gold medallist Jennifer Heil tweaked her knee landing a jump during mogul training on Blackcomb glacier and will miss the remainder of a national freestyle team camp being held this week. Heil said the injury isn't serious but will require some rest and treatment. METRO NEWS SERVICES

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Bruins, Flyers set to face off at Fenway: Report

HOCKEY The NHL's third Winter Classic will be played between the Philadelphia Flyers and Boston Bruins at Fenway Park on Jan. 1, 2010.

It is being reported by the Trentonian that the league was trying to push for a Washington/Boston matchup at Fenway in order to feature two-time Hart Trophy winner Alex Ovechkin. However, NBC, who will broadcast the game, wanted the Flyers so as to draw a better television audience.

Boston finished this past season as the top seed in the Eastern Conference and had a 22-point improvement over the previous season. The team won four awards including the Vezina, Jack Adams and Norris trophies, but were bounced in the second round of the playoffs by the Carolina Hurricanes.

Meanwhile, Philadelphia went 44-27-11 in the regular season and finished fifth overall in the Eastern Conference, but were knocked out of the playoffs in the first round by the Pittsburgh Penguins, who went on to win the Stanley Cup.

Last season's Winter Classic featured the Detroit Red Wings and Chicago Blackhawks at Chicago's Wrigley Field. In the game, Jiri Hudler scored twice and added an assist as the Red Wings took a 6-4 win over the Blackhawks.

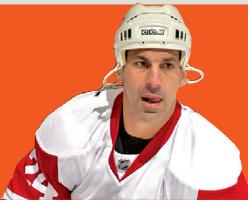
METRO NEWS SERVICES

Sports in brief

TRADE Toronto FC has traded Canadian international midfielder Kevin Harman to Chivas USA. The MLS team will receive allocation money in exchange. Harman, who can also play as a defender, has been called up by Canada for the Gold Cup next month. He has won nine caps for Canada.

GAMBLING Wagering on a Wimbledon match soared after a TV commentator pointed out one of the players was injured, an online bookmaker said yesterday. British bookmaker, Betfair, alerted tennis corruption investigators about the unusual betting patterns for the first-round match Tuesday between 10th-ranked Wayne Odesnik and 30th-ranked Jürgen Melzer, but does not suspect wrongdoing.

METRO NEWS SERVICES



Another year for Chelios?

Although the Detroit Red Wings won't re-sign him, 47-year-old Chris Chelios, left, says he still wants to play in the NHL next year. Saying that his family won't move from the Detroit area, where he owns a bar, the defenceman said yesterday he'd like to play for an Eastern Conference team. Chelios made his NHL debut in 1984 with the Montreal Canadiens.

METRO NEWS SERVICES

U.S. upsets Spain at Confederations Cup

SOCER The United States scored its greatest win in almost 60 years by beating European champions Spain 2-0 yesterday to reach the final of the Confederations Cup.

Goals from Jozy Altidore and Clint Dempsey ended Spain's world record run of 15 successive victories and their 35-match unbeaten sequence, a world record streak they share with Brazil, and caused one of the biggest soccer upsets in years.

However, the match ended in bittersweet agony for U.S. coach Bob Bradley when his son Michael, who had a brilliant game in

"That was a great team effort. To beat a team like Spain, it's big."

U.S. coach
Bob Bradley

midfield, was sent off three minutes from time.

He was the third U.S. player sent off in the tournament and now misses Sunday's final against Brazil or hosts South Africa.

Overall though it was the best performance by the U.S. since they beat England 1-0 in the 1950

World Cup in Brazil.

It was also the first time the U.S. had beaten a team ranked No. 1 in FIFA's world rankings since they defeated Brazil in 1998.

The result was even more remarkable because the U.S. had lost its opening two group matches in the competition and was heading out until they beat Egypt 3-0 on Sunday and Brazil sank Italy by the same score as they squeezed through on the number of goals scored.

"That was a great team effort. To beat a team like Spain, it's big," coach Bradley told reporters.

REUTERS

Blue Jays jump on Cincinnati early and win big

MLB RESULTS

Cincinnati 2 Toronto 8



BASEBALL Aaron Hill went 2-for-4 with a two-run homer and drove in three runs to lead the Toronto Blue Jays in an 8-2 rout of the Cincinnati Reds in the middle test of a three-game set from the Rogers Centre.

Vernon Wells and Adam Lind both went 2-for-4 with a homer and drove in a pair of runs for the Blue Jays, who have won three straight and six of eight overall. Scott Rolen drove in a run in the win while Marco Scutaro had a double and scored three times.

Scott Richmond (6-4) got the win after going seven innings and giving up two runs on as many hits.

Jonny Gomes had two of the four hits — including a solo homer — for the Reds, who have dropped four in a row. Jerry Hairston Jr. drove in the other



Toronto pitcher Scott Richmond threw seven innings of two-hit ball last night as the Jays downed the Cincinnati Reds 8-2.

run in the setback.

Bronson Arroyo (8-6) was roughed up for seven runs — six earned — on eight hits in 3 1/2 innings.

Toronto got on the board in the first inning. Scutaro led off with a walk and crossed home as Hill followed with a homer. Wells kept it going with a solo blast and Rolen added a base hit. Lind then made it 5-0 with a shot over the fence in left field.

Hill's single off Carlos Fisher in the eighth scored Russ Adams to make it 8-2. Gomes had a homer in

METRO NEWS SERVICES



Maria Sharapova shows some emotion during her 6-2, 3-6, 6-4 second-round loss yesterday at Wimbledon.

Sharapova exits early

Maria Sharapova was heading for the airport after losing at Wimbledon yesterday while another former champion Roger Federer sauntered through to the third round in glorious sunshine after a clinical display.

Sharapova struggled on the Centre Court where she made her name in 2004 by beating Serena Williams to win the women's title as a 17-year-old. The Russian looked a pale shadow of the player who once ruled the court, having been set to dominate the game.

Bedecked by shoulder problems Maria since losing in the Sharapova second round here last year, the 24th

seed ran into inspired Argentine Gisela Dulko, falling 6-2, 3-6, 6-4 to a player she had dropped just three games against in their two previous clashes.

Sharapova lost the opening set in 35 minutes and despite some typically

tenacious resistance to win the second from 0-3 the booming weapons that used to blast the Russian to safety in such situations failed to function at crunch time.

Dulko eventually prevailed on her fifth match point when Sharapova, who was bumped up the seedings from a world ranking of 60, fired a forehand long to end an absorbing scrap.

"It took me a while to get going," former world No. 1 Sharapova told reporters. "It's a little too late to start picking yourself up when you're down a set and 3-0."

Referring to Federer as a former holder of the Wimbledon title he won five years in a row still takes some getting used to, but his form in a 6-2, 6-2, 6-4 win over Spain's Guillermo Garcia-Lopez suggests he will soon reclaim his throne.

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18 sports

CFL teams are required to get their rosters down to 46 players — plus seven practice players — by the end of today. A number of Saint Mary's Huskies and other local products are hoping to make the cut. METRO HALIFAX

Cuts are coming to CFL

Listening for his name

Halifax native Steven Anthony hoping to be an NHL pick

MATTHEW WUEST
matthew.wuest@metronews.ca

Steven Anthony hasn't gotten many pats on the back the past two years, but he's hoping for one Saturday.

The Halifax native — who once appeared destined for stardom — will put two long, difficult seasons with the Saint John Sea Dogs behind him if he hears his name called in the mid-to-late rounds of the NHL draft at Bell Centre in Montreal.

Anthony admittedly hasn't lived up to somewhat lofty expectations in the QMJHL, struggling with his confidence under Sea Dogs bench boss Jacques Beaulieu — a coach with a hard-nosed reputation — who was fired in the off-season.

"He's hard on some of his players ... He didn't give you positive feedback," Anthony says. "As a young kid, you've never had that before from a coach. You've always had positive coaching. I took it personally and got down on myself and that's my fault. But I've learned and become better for it."

The six-foot-two, 190-pound centre's offensive gifts have never been questioned. He was a scoring sensation with the Dartmouth Subways and his talent had him ranked by some scouts as the No. 1 prospect for the 2007 QMJHL draft.

But his mercurial competitive level has been a bone of contention with scouts for many years, even when he broke out in the second half last season with 30 points in the final 29 games. In 93 previous games, he had only produced 32 points.

"If he more consistently played his best game, he'd be in the top echelon of the draft," says Central Scouting director E.J. McGuire, who ranks An-



Halifax native Steven Anthony is hoping to be selected at the NHL draft this weekend.

Scout's notebook

Central Scouting director E.J. McGuire analyzes local NHL draft prospects. They are listed with position, QMJHL team, hometown (if from Nova Scotia) and CS ranking.

- G OLIVIER ROY, Cape Breton (second): "He's on the small side, but what he lacks in size he makes up with his

quickness and athletic ability. He's a good goalie."

but he plays with confidence and energy and he's always a threat to score."

- F GABRIEL O'CONNOR, Halifax (180th): Recently traded but "makes a good first pass and few mistakes. He's a stay-at-home defenceman who plays with an edge."
- F MATT BROWN, Moncton (Bible Hill, 193rd): "He was

injured last year (torn MCL)

but he plays with confidence and energy and he's always a threat to score."

• F BRANDON MacLEAN, P.E.I. (Bedford, 186th): Low-scoring power-forward type is at his best when "he's taking hits to make plays and going out of his way to forecheck."

Anthony 184th among North Americans. "We'd be talking about him as a first-round pick."

Anthony, it seems, recognizes his criticisms.

"Scouts see I've got talent and I can play," Anthony says, "but it's game-in

and game-out, not getting down on myself and playing focused and positive every game."

Talent alone might be enough to get Anthony drafted. And if the 18-year-old can learn from his past, the team that picks

him could end up reaping the rewards in a few years.

"If I hadn't gone through the past two years, I probably wouldn't feel as prepared to make the next step as I am today," Anthony says. "Everything in the past is in the past."

Van Koeverden will miss selection trials

CANOE-KAYAK Former Olympic gold medalist Adam van Koeverden has injured his ankle and will not race in the Canadian sprint canoe-kayak selection trials on Lake Banook this weekend.

Van Koeverden, the country's most famous active paddler, is not expected to miss much time and should be healthy for

August's world championships, also on Lake Banook.

The 27-year-old won a pair of medals at the 2004 Olympics — gold in the K-1 500 metres and bronze in the K-1 1,000. He also won silver in the K-1 500 last summer in Beijing and piled up four medals at World Cup events this spring.

Although van Koeverden won't be available for the trials, Lake Banook will be crawling with Olympians on Saturday and Sunday as a precursor to the worlds in August.

Thomas Hall, who won a bronze medal in the C-1 1,000 last summer in Beijing, is among them.

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ADVERTISING FEATURE

True North Diner a true dining experience

The True North Diner has some of the hallmarks you associate with a great diner — there's a simple, well-done menu, a jukebox nestled in the corner and an open kitchen where you can see your meal being cooked to perfection.

But besides the delicious food, spotless dining room and prompt, friendly service — what sold me on returning was the pie. This is when I truly realized the benefits of dining in a restaurant so committed to freshness that it doesn't even have a freezer.

Jim Macaulay and his wife Carol are the visionary duo behind of this new Bedford jewel. Macaulay just retired from Mount Saint Vincent University where he was professor of Tourism and Hospitality Management and the couple have been in the restaurant business for years.

"This is actually a great chance to practice what I've preached," he laughs. The diner started as a consulting project for the former professor over a year ago now. When it looked like the original owner was going to drop the project, the couple decided to take it on.

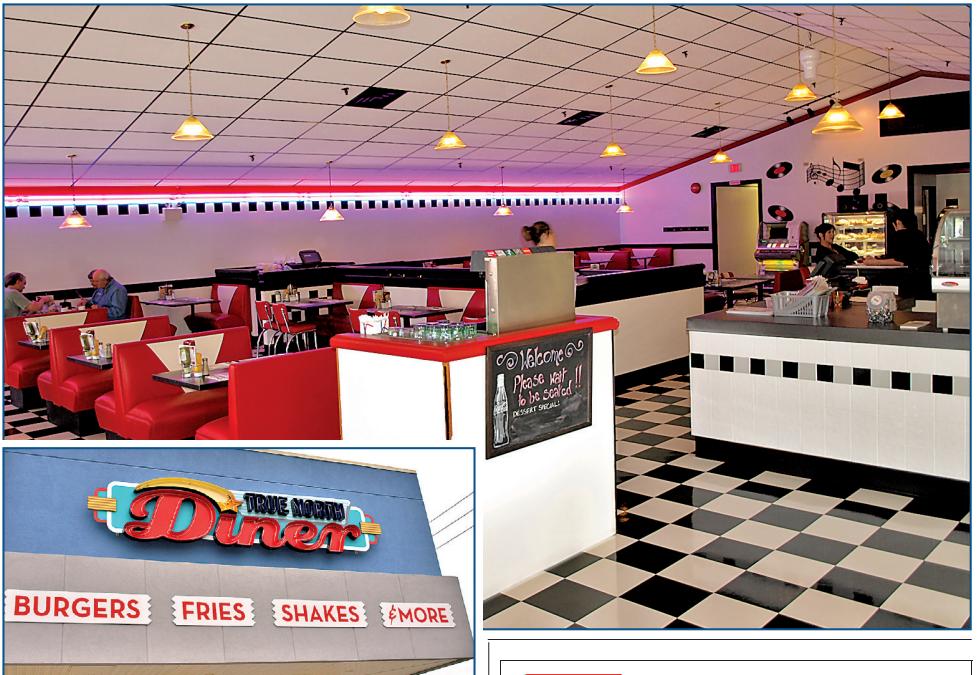
"I was retiring, and this was a great idea. We loved the location and the concept. We also felt there was room for a new family style restaurant in the area," he says. "Originally we thought our target market would be boomers and seniors who came for the nostalgia. In fact, the bigger market is little kids and families."

The diner opened in December, after three months of hard work and renovation of the former dark and tired Ponderosa restaurant. The first few months have been a good chance to try out their menu items and see what works.

"So far the response has been great and we have a lot repeat business. For those people who've never been before, our staff loves to watch them open the door, come in, look around and the first thing they do is smile."

"It brings home the past to an awful lot of people," he says. "It's just lots of fun."

Now to celebrate. The official opening is set for June 27 between 2 p.m. – 4 p.m. when there will be lots of free food, drinks, and prize give aways. On Saturday, the True North



The True North Diner opened in December, after three months of renovation of the former Ponderosa restaurant.

Diner will also open its patio, introduce a summer menu filled with lobster favourites and strawberry shortcake of course.

Come see what everyone is smiling about at True North Diner at the Bedford Place Mall. Monday to Friday 11 a.m. – 9 p.m., Saturday and Sunday 9 am – 9 p.m.

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Bright Future For WestJet

Despite the setbacks airlines around the world are currently facing, including a weakened demand for air travel as a result of the economic downturn, the skies are looking bright for WestJet.

Not only is the Calgary-based company the world's fourth most profitable airline on a percentage basis, but it continues to deliver on its strategic plan by expanding its network, growing its fleet of planes from 79 to 121 by 2013, and launching a frequent flyer program and code-sharing deals with Air France and KLM as well as others in the future.

These partnerships would allow the airlines to transfer their passengers onto one another's networks, allowing guests to book through travel and check their baggage directly through to their destination. They will also give WestJet guests access to a world of destinations.

While striving to continue offering its

guests a friendly, efficient and relaxing experience, the company is also looking to become one of the top five most successful airlines in the world by 2016. And Sean

our success."

WestJet's culture drives all of its decisions. The airline's recently introduced Care-anteer reinforces that its people truly go above and

takes social responsibility as seriously as it does business. WestJet's culture of caring extends beyond its people and guests to the community at large through its WestJet

Cares for Kids program. From organizing toy drives for children's hospitals in the communities it serves, to providing thousands of free flights to people who desperately need medical care, to partnering with 10 national children's charities like Kids Help Phone and Ronald McDonald House charities, WestJet is a firm believer in giving back. In fact, the company supports more than 800

community initiatives throughout Canada.

In the face of the weakened global economy, it's clear that WestJet is en route to continued success.

"We keep expanding when everyone else is contracting, and we keep delivering an amazing guest experience"

Durfy, WestJet's CEO, says his airline is in a better position than most to get through the recession and achieve that goal.

"We keep expanding when everyone else is contracting, and we keep delivering an amazing guest experience," explains Durfy. "For us, our company culture is the key driver to

beyond when it comes to taking care of its guests. From not overbooking flights to providing guests with meals and accommodations if flights are delayed or cancelled (even if it's Mother Nature's fault),

the airline truly puts people first.

The low-cost airline also



COMPANY PROFILE: WEST JET



Sean Durfy became WestJet President in September 2006 and Chief Executive Officer in September 2007. As President and CEO, Sean is responsible for both the strategic direction of the company and the day-to-day operations of the airline, leading over 7,500 WestJetters as they deliver an exceptional guest experience.

Amid the global recession, weakening demand and bankruptcy notices by airlines around the world, the fact that WestJet has become the most profitable airline in North America on a percentage basis is a true testament to the success of its mandate: putting people first.

Since its inception in 1996 as a low-cost airline servicing Western Canada, WestJet has grown from a fleet of three planes to 79 – all Boeing 737 Next Generation – flying to 55 destinations across Canada, the U.S., Mexico and five Caribbean nations. Some of their most recent destination additions include San Francisco, San Diego, Sydney, Nova Scotia and Yellowknife, NWT, with more destinations planned in the near future.

Today, the Calgary-based company is run by an executive team of seven headed up by President and CEO Sean Durfy, 43. "We have a very simple motto," says Durfy, a native Newfoundlander. "If we, as a corporation, take care of our people, then our people will take care of our guests, and our guests will take care of our business."

One of the ways WestJet takes care of its people is through profit sharing. Just as that familiar refrain on their playful TV commercials says, "Why do WestJetters

care so much? Because we're also WestJet owners," 83 per cent of their 7,500 staff own shares in the public company through an employee share purchase program.

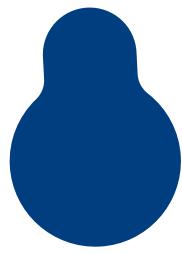
WestJetters as they refer to themselves can designate up to 20 per cent of their salary to buy shares, which the company matches. Considering it's the fourth most profitable airline in the world on a percentage basis, with revenue of more than \$2.5-billion in 2008, there's certainly incentive to invest.

But it's the unique culture that truly sets WestJet apart. Through its fun, friendly and caring WestJetters, they demonstrate that an airline can have exceptional operational performance, a world class guest experience and great value.

WestJet has always been on top of new trends and technologies. In fact, it was the first airline in North America to implement the electronic boarding pass and is the only airline in Canada to offer live seatback TV.

In keeping with the global concern over the environment, WestJet has made a concerted effort to lower emissions from its fleet of planes by investing billions to upgrade its fleet to be more fuel efficient. Today, WestJet proudly boasts one of the youngest, most modern and fuel-efficient fleets in North America.

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WESTJET

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Mustard helps to bind sauces and emulsify oils in vinaigrettes and mayonnaise. Begin making vinaigrette with prepared mustard, whisk in vinegar or lemon juice and then slowly whisk in oil. Season to taste. METRO NEWS SERVICES

Food

Cultivated for at least 5,000 years, mustard is the oldest condiment known to man and is the world's third most important spice after salt and pepper.

BARB HOLLAND/FOR METRO CANADA



Two types

There are two main types of mustard seeds: The relatively mild white or yellow mustard seed and the stronger brown or Oriental mustard seed.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Spread a little national pride

Our home and native land is the mustard capital of the world

À la carte



Barb Holland

metronews.ca/alacarte

Did you know? Canada grows more than 90 per cent of the world's mustard seed — mostly in Saskatchewan, the real mustard capital of the world. Canada is also home to the largest and oldest mustard mill in the world.

Mustard is made from crushing the seeds of the mustard plant. The tiny seeds, about 250,000 per pound, are very pungent. On their own, they are bitter and biting. To make the

condiment, the seeds are crushed into a powder and mixed with liquid (wine, vinegar, beer, water) and various spices, such as turmeric, to form a paste. Brown mustard has a dark brown seed coat and is used in Dijon-style mustards and also used in combination with yellow in English-style mustard.

Prepared mustards can range from mild yellow to hot peppery brown to very spicy mustards. No Canadian fridge is likely to be without a least one jar of this quintessential condiment. And it goes well beyond a hamburger and sandwich spread. Here are



This sauce would taste terrific on grilled salmon.

just a few suggestions:

- Mustard is a must with ham and wonderful with pork — combine equal amount of mustard with maple syrup or honey and brush on a ham or pork roast, tenderloin or chops near the end of baking or grilling.
- Brush spicy horseradish

mustard on a beef roast, then press coarsely crushed black pepper into mustard before grilling.

Herb Mustard Sauce

This simple sauce is good with grilled salmon, asparagus or spooned over potatoes. Makes about 1/2 cup (125 ml).

INGREDIENTS:

- 2 tbsp (30 ml) butter
- 4 green onions, chopped
- 1/4 cup (60 ml) Dijon-style mustard
- 2 tbsp (30 ml) honey
- 2 tbsp (30 ml) fresh lemon juice
- 1 tsp (5 ml) dried tarragon leaves
- Salt and pepper

METHOD:

In a microwaveable bowl, combine butter and green onions. Microwave at High for 30 to 60 seconds to melt butter and soften onions. Stir in mustard, honey, lemon juice and tarragon. Season to taste with salt and pepper.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Liquid Assets

Peter Rockwell



metronews.ca/liquidassets

National spirit

My wife gave me a cool whisky tasting

glass made by Nova Scotia Crystal for our anniversary last week. Though no stranger to a splash or two of scotch; with Canada Day coming up I thought I owed it to the country to break it in with some of our own homemade spirits.

While Canada certainly has a reputation for making fine libations (think beer and wine) the fact that we create darn good whisky seems to have fallen off everyone's liquid radar.

Considering my new tistle-shaped receptacle has its origins in the Maritimes; filling it with a wee dram from our nation's only single malt whisky maker seemed poetic. **Glen Breton Rare (\$79.99 - \$89.55)** made by Cape Breton's Glenora Distillery is a light, heathery 10 year old with a relaxed, creamy flow of soft, sweet malt.

If you like your hard liquor with more oak-influenced flavour **Danfield's Private Reserve Small Batch Whisky (\$24.95 - \$26.48)** tastes like an American bourbon but with all the smooth, mouth-filling sweet grain character of a classic Canadian.

A touch of spring water added to each will help reveal more of their rich aromatics no matter what glass you choose to use.

Prices reflect the range across the country. Some products may not be available in all provinces.

Local Savour

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If you want great food at any time of the day, this is a place you should go to.

Their menu features everything from burgers and pitas, to Greek specialties and pastas. Some featured items include seafood crepes, a special stuffed chicken and lamb pasta.

If you're really hungry, try the Palladium Mega Burger which comes with fries and coleslaw for just \$10.99.

Personal Gourmet recipe of the month

Asian Beef Lettuce Wraps with Peanut Sauce

ROSE REISMAN

About Rose



Rose Reisman is an author, media personality, nutritionist, and the inspiration behind a fresh food delivery service, Personal Gourmet, and new website, The Art of Living Well. Visit Rose at rosereisman.com & personalgourmet.ca

1 tsp honey
1 tsp sesame seeds
1 tsp minced fresh ginger
1/2 tsp hot Asian chili sauce
1/4 cup chopped cilantro or parsley
1/4 cup chopped green onions
8 large Boston or butter lettuce leaves

METHOD:

Spray a large non-stick skillet with cooking oil, add the vegetable oil and place over medium-high heat. Sauté the onion until browned, about 5 minutes. Add the carrot and bell pepper and sauté for another 8 minutes, until the vegetables are tender-crisp. Add the beef and sauté until no longer pink, about 4 minutes.

Combine the coconut milk, peanut butter, soy sauce, vinegar, sesame oil, garlic, honey, sesame seeds, ginger and chili sauce. Add to the beef mix-

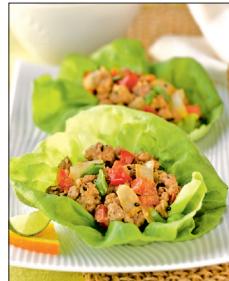
ture and simmer for 3 minutes.

Stir in the cilantro and green onions. Divide among lettuce leaves and roll up or allow your guests to roll their own.

PREP TIME: 15 MIN

COOK TIME: 20 MIN

SERVES 4



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Peter Rockwell is the egyptian's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

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THOSE DOG DAYS OF SUMMER

With winter's snow a distant memory, and the unpredictability of spring finally tamed, there's a collective sigh of relief: Summer has finally arrived. Here, the 10 best signs of summer:

1. Summer fun. Maybe it's the exposed skin, and the t-shirts and shorts, but there is a sense of energy and vitality that comes with being able to go outside without having to be bundled up against the elements.

2. Warmer days. The days may get slightly shorter after the arrival of summer — the longest day of the year — but it also heralds the official start of warm weather and that feeling that the worst of winter and spring is finally over.

3. Flowers burst to life. After the long dreary winter, gardens across Canada come alive with daffodils and tulips in full bloom, adding colour to our surroundings, and adding an intoxicating scent to the air.

4. Birdsong fills the air. You don't have to be a bird enthusiast to enjoy the songs of chickadees, cardinals, mockingbirds and sparrows that ring out at dawn and dusk.

5. Farmer's markets. Every summer, more weekly markets crop up across Canada, providing high quality, local produce that offers incomparable taste — and fresh from the field goodness.

6. Barbecue season starts. All across Canada, families start firing up their



There is a sense of energy and vitality that comes with being able to get out and enjoy the summer sun.

grills, cooking up delicious fare outdoors.

7. Patios open. Nothing says summer has arrived like the sight of sun-bathed diners enjoying an alfresco meal. When summer hits, sidewalk cafes are the place to be, as are those intimate courtyard dining spots.

8. Communities come alive. With warmer weather and longer days, communities reunite, as people get out

walking, tend to their gardens and stop to chat with one another.

9. More people bicycle. You know it's summer when the roads and recreational trails team with bicycles. With the more temperate climate, people are more inclined to pedal their way to work.

10. Theatre festivals open. When summer arrives, actors take to stages across Canada — with outdoor festivals taking advantage of beautiful evenings and warm temperatures to draw audiences.



Offering women a new beginning

For many women in Toronto, Denise Whitter, founder of New Beginnings Support Program, is like a fairy godmother. Denise started the charity in 2003 to improve the lives of women and children in need by empowering women to become confident, self-sufficient, and employable. "We found women would get training and end up in minimum-wage jobs and still couldn't support their children," explains Denise. "I strongly believe women shouldn't have to choose 'Do I pay my rent, or feed my children.'"

The charity not only provides

women with job coaching for fields like office administration, but also liaises with potential employers. Their annual fundraiser, Wedding Bliss, takes place on June 20 at the Ted Rogers School of Management in Toronto, where brides-to-be can pick out donated wedding gowns, worth thousands of dollars, for between \$50 and \$200.

There will also be a contest for 10 lucky women to win a free wedding gown. To enter, simply write a short essay on why you or a person you nominate have been a "local Angel" in the community and are deserving of a free wedding gown.



Feel Good Stories brought to you by Honey Nut Cheerios. **touch of honey**

How to tell the economy is rebounding

Although experts caution that the exact timing of economic recovery remains uncertain, over the past couple of months there have been increasingly encouraging signs that the worst of the global recession may be over and the world economy is rebounding. Here, the top five positive signs:

1. Global manufacturers are showing signs of improvement. Not only did U.S. construction spending rise in April, but in May industrial activity in China (the world's third-largest economy) expanded.

2. Stock markets and oil prices around the world have risen to reach their highest levels in seven months as investors are regaining their confidence.

3. Canadian banks – considered by the World Economic Forum to be the soundest in the world – are showing better-than-expected results and reporting modest profits.

4. Canada's housing market is improving. Real estate experts attribute the upturn to first-time buyers who are stepping back into the housing market due to lower prices and interest rates, which in turn, is having a domino effect and strengthening the overall housing market.

5. The Canadian government rolled out a \$12-billion, two-year infrastructure stimulus spending program last month to kick-start Canada's economic rebound.

Breaking out the family fun

When it comes to quality family time, most people opt for going to the movies or renting one together. As fun as this is, watching a movie doesn't actually involve group interaction though. One activity that does create a great bonding experience for your entire brood is a games night.

So designate a specific night on the calendar, turn off the cell phones and the T.V., and get out the board games for some good old-fashioned family fun. Instituting a weekly games night for your family allows uninterrupted time together – an increasingly rare occurrence in our time-crunched lives.

There are a plethora of games to choose from including time-honoured favourites like Yahtzee, Scrabble, Chess and Monopoly.

Not only does a games night bring you closer together as a family unit through face-to-face interaction, but it teaches kids some basic life lessons in an informal way including co-operation and teamwork, honesty and playing fair, understanding and accepting both winning and losing, making choices and accepting the consequences, and patience. This is one family tradition that's sure to become an instant hit for years to come.



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Mortgage Planning

By Scott H. Bentley,
Mortgage Consultant,
Premiere Mortgage Centre

As we come through a period of the lowest mortgage interest rates in history, lenders are reaching record volumes of business in the traditionally busy spring/summer months.

Though the home purchase market has been steady with both first-time and move-up buyers, it is the mortgage refinancing activity that is driving a significant portion of the marketplace at this time. It seems that everyone is looking to take advantage of the lower rates, and rightfully so, as interest savings can be significant over the life a mortgage.

"Mortgage Planning," what may seem like a buzzword in the financial industry has gained prominence as more people understand that their mortgage is a crucial component of their overall financial well-being. Together with your Mortgage Professional, you should be identifying the strategy that is right for your particular situation with an emphasis on short, medium and long-term financial goals in mind.

Today's mortgage market has numerous products and programs that can be customized to facilitate a tax-deductible mortgage strategy, optimum liability management, the purchase of a second home or an income-producing investment property; all of these may entail a different mortgage product.

It is time to think of your mortgage and home as more than a place where you create lasting memories. Your Mortgage Professional should not simply be an order taker but, rather, a key component in your wealth creation plans.

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PREMIERE MORTGAGE CENTRE

Outside Decor



Modern roses exhibit the sensuality of their ancestors while offering the ease of care gardeners have long desired.

Written by Judith Adam, photography by Jerry Pavia

Thirty years ago I bought my first roses, all mid-century hybrid teas such as Mister Lincoln and Oklahoma (both bred in 1964), with award-winning performance and big, lush blooms.

The summer passed in a conscientious flurry of preventive spraying schedules, precision-timed fertilizer applications and increasing dissatisfaction with the results.

Despite obsessive attention, these plants would not thrive. I didn't know my blue-ribbon roses were bred to produce exhibition-quality, large-petaled flowers at the expense of pest resistance and vigour. Every green aphid was a fanged monster on their tender tissues, each stray fungal spore ballooned into a colony of dreaded black spots. With more and better information I might have made dif-

ferent selections.

But as it was, my award winners all dwindled through the summer and met a wintry death. Since that season of discontent, much has been achieved in developing modern roses with inbred resilience to the harsh realities of climate and ecology. Plant breeders have turned their gene-mixing skills to developing beautiful roses that are repeat blooming, are able to persist through insect and disease problems, and grow vigorously. Easycare modern roses have long bloodlines carrying healthy genes from past centuries.

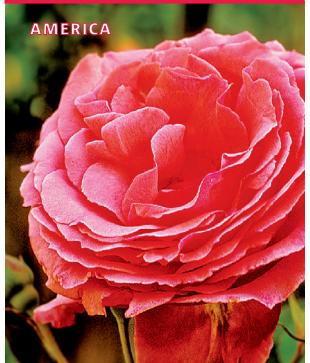
In recent years, I've grown the modern coral-pink climber America, a disease-resistant garden workhorse with the genes of 89 rose ancestors, dating back to 1859. Yellow-pink Morden Sunrise (Canadian bred in 1999) is another winner in my garden; thriving without winter protection and exposed to the west wind, it's not fazed by the usual hardships of budworms and leaf spots (though admittedly, Japanese beetles are entranced by the fragrance). Lest you fear that high petal count, deep scent and voluptuous form have been sacrificed, have a look at the Austin English roses developed from classic antiques mar-

ried to modern cultivars. Rose breeder David Austin's crimson red William Shakespeare 2000 is typical (if one can use that term to describe a masterpiece) of the lushly perfumed, full petal count, disease-resistant English roses that are both easy-care and modern.

Similarly, my container-grown, glowing pink floribunda Sexy Rexy (which enjoyed garage storage over the winter), hasn't sacrificed its classic double form in acquiring disease resistance. This season I'll be planting two favourites I call the party girls: Iceberg, a white floribunda; and Penelope, a pink hybrid musk — both with prettily frilled, semi-double petals like ballerina skirts, provocative stamen displays and clean foliage all summer.

How easy is it to grow modern roses? With their strengths, rose care is reduced to meeting basic needs. Choose a sunny site and provide loamy, well-drained soil (topsoil, peat moss, and sand in equal proportions) in the planting hole. Irrigate once weekly in the morning (more often during dry spells), allowing nine litres of water for each plant.

Soon, your garden will be primed for a party!



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The mortgage that you don't know you have

Legal Matters



metronews.ca/legalmatters

The number of people who naively claim that they don't have a mortgage always amazes me. Many clients do not appreciate when a mortgage is registered against their home.

In an age of extensive consumer protection laws and regulated banking, how do people end up

with mortgages that they are unaware of? The answer lies in the fact that many consumers unknowingly use their homes as security for loans and lines of credit.

Unsecured borrowing occurs when no security is taken by the bank or finance company. The loan is offered to you based on your promise to repay it and the lender's confidence in your ability to repay. With secured borrowing, the lender has a legal charge, a mortgage, over your property.

If you do not make your payments, the lender could foreclose on the

With secured borrowing (such as a Home Equity Line of Credit) the lender has a legal charge, a mortgage, over your property. If you do not make your payments, the lender could foreclose on the property to get their money back.

property to get their money back.

Products like the Total Equity Plan, HomeLine Plan, HELOC (Home Equity Line of Credit) and the Secured Borrowing Account are becoming more

common. They are marketed as simple, convenient and cheaper alternatives to traditional lines of credit. However, they are rarely marketed as a mortgage.

While various lenders

have branded their secured products differently, the common factor is that they all require a mortgage.

While a lawyer is required when purchasing a home, the secured loans

may be established directly with the lenders. Surprisingly, the mortgages can be granted without ever meeting with a lawyer or receiving legal advice.

As a result, people end up with mortgages they are unaware of.

Before signing up for your lender's latest loan product, ask if it is a secured loan.

If it is, you should consult your lawyer before you end up with a mortgage that you don't know you have.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com

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metro homes 27

An urban chicken coop?

HomeScape

Sylvia Putz

metronews.ca/homescape

In the old days, chickens wandering and scratching around the house may not have been such a shocker, but it certainly would be an eye-grabber in the city in this day and age.

Or would it? Recent news coverage in Toronto and other urban centres has shown that the idea of keeping chickens has gained a lot of interest in the city. It seems to be an idea whose time has arrived (again).

After decades of happily ingesting processed foods made of a long list of chemicals and other substances not encountered in nature, people are starting to ask questions about what they are eating.

One solution is to produce the food yourself. In the same way you know precisely what goes into the vegetables you grow in your garden, you would know what has been fed to your chickens, and how they are kept or treated.

But before you rush off to build your chicken coop, keep in mind that the notion of keeping chickens in the city is one that many communities are still wrestling with.

Check with your local government. If it is illegal in your city, and you would like it to be legal, get busy lobbying. Check online under urban chicken or city chicken — you'll find lots of allies.



Keeping chickens in urban areas has been gaining a lot of interest as of late.

Cities such as Guelph, Brampton, and Niagara Falls in Ontario, and Victoria and Surrey in British Columbia do allow urbanites to keep chickens provided certain rules are followed.

These usually have to do with the number of chickens you may keep, minimum lot size, or distance of the coop from lot lines. One rule that almost all chicken-friendly municipalities have is — no roosters.

This is because roosters try to impress hens by cockadoodling at all hours of the day, enough to drive you bonkers. Hens can cackle, but are much less vocal than crowing roosters.

Mostly, people who keep hens want eggs.

Slaughtering hens for the purposes of a good chicken meal is another benefit, but many urbanites who raise chickens tend to shy away from this. They get attached to the chickens, who can actually be quite companionable.

One thing is true of home-raised chicken. I can tell you from past experience that both the meat and particularly the eggs of home-raised chickens are delicious, and often bear very little resemblance to some of the much blander commercially-produced chicken and eggs.

I swear the best eggs I've ever eaten were bought from a ramshackle farm with wandering chickens near a cottage we used to visit — the

Chickens or no?

- Halifax decided last year to forbid chickens after a debate. As well, the council in Kamloops, B.C., turned down proposals for a bylaw change.

yolks were bright yellow and the flavour unapologetically rich and flavourful.

If you are even remotely considering the idea of keeping chickens, rest assured that it involves work, and the whole affair is quite a commitment, as anybody who has ever been exposed to livestock can tell you.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

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Thirst-quencher



Try this White Tea and Lemon Grass Granita, left. Mix 1/4 cup sugar, 4 1/2 cups citrus-flavoured white iced tea, 1/3 cup lime juice, 1 stalk lemon grass cut into 1/2-inch pieces, and 1/4 cup whole fresh basil leaves. **METRO NEWS SERVICES**

Summer Fun

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Multifest gets bigger, better

Family-friendly event features music, food

RICHARD WOODBURY
for Metro Halifax



The Nova Scotia Multicultural Festival is getting even better this year.

Besides top-notch entertainment and amazing food, the festival will feature Grammy and Juno-winning entertainment, it's going green and it will be more family friendly.

"It's gonna be big," says communications co-ordinator Rae-Ann Kublick. "It's gonna be a full three days."

Tomorrow night is the Supershow, a first for the festival. It is a concert hosted by local musical group MIR and will feature performances by Grammy-winner Paula Cole, best known for her songs Where Have All the Cowboys Gone and I Don't Want to Wait. Also on the bill are Juno winners Divine Brown and Sarah Slean.



Grupo Chile — pictured above and top right — will be at the Nova Scotia Multicultural Festival this year.

"This is the first time we've had such big names," says Kublick.

She says a conscious effort was made to go green this year.

"This year, we're trying to go with everything compostable — plates, cups, spoons, straws."

This won't cost the vendors extra money. If the vendors choose to order their tableware through the festival, organizers will

"This is the first time we've had such big names."

Rae-Ann Kublick

cover the price difference for the bio-degradable tableware.

It will cost the festival more money, but it feels it has a responsibility to be more eco-friendly, says Kublick.



Nadira will be performing at the festival this year.



Grupo Chile performs folkloric dance that builds on Chilean traditions as well as other Latin American influences.

Key information if you plan on going

- **When:** The Supershow is Friday and the traditional festival days will be on Saturday and Sunday.
- **Festival day passes for Saturday or Sunday:** Adults, \$6; youth/student/senior, \$5; child (6 to 12), \$2; under 5, free; family pass (two adults and two children under 12), \$14.
- **Supershow ticket prices:** Advance, \$44.75 (includes admission for one child under 12 accompanied by an adult); gate, \$40 (also includes admission

for one child under 12 accompanied by an adult). Note: Ticketholders with concert wristband have free access to the multicultural festival on Saturday and Sunday.

• For more information about the festival, go to multifest.ca/events.html

**RICHARD WOODBURY/
FOR METRO HALIFAX**

tent, which always gets rave reviews," says Kublick.

Dance groups from across the world will be present, including groups from Brazil, Algeria and India. This is in addition to dance groups from Nova Scotia who represent different cultural groups within Nova Scotia.

The festival will also be a little more family-friendly this year with the introduction of a family tent, says Kublick.

"If your kids get tired or you need to feed a baby or change a diaper, there's going to be facilities there where you can stop and relax."

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Check out A Tale of a Chocolate City: Dartmouth & the Chocolate Factories at the Dartmouth Heritage Museum, Evergreen House, 26 Newcastle St. Runs until Aug. 20. For more, call 464-2300 or visit dartmouthheritagemuseum.ns.ca. METRO NEWS SERVICES



summer fun 29

SUBMITTED PHOTOS



Geneviève Steele (who plays the Princess of France) and David Patrick Flemming (who plays Ferdinand) in Love's Labour's Lost.

Beanstalk gets a facelift

JON TATTRIE
for Metro Halifax



A 1930s "gangsta" version of Jack and the Beanstalk, a love-scoring man annoyed to find true love, and a grisly tale of vaulting ambition make up Shakespeare by the Sea's summer season this year.

Conceived of by director Amos Crawley and written by SBTS, Jack and the Beanstalk-Market updates the classic children's tale for this year's family show.

"We've taken the irascible Jack and plunked him down in the midst of the 1929 stock market crash and surrounded him with goons, thugs and gangsters," explains Crawley. "(We've had) great fun exploring the particular lingo and characters of a world based on Al Capone's speakeasies and Jimmy Cagney's accent, all the while never losing sight of a boy named Jack who learns to grow up amid some very strange circumstances indeed."



Tom Smith (who plays Jack) and Caitlin Stewart (who plays Molly, the giant's wife) in Jack and the Beanstalk-Market.

Elizabeth Murphy, the veteran artistic director of SBTS, is taking the helm to direct Shakespeare's Love's Labour's Lost. Shakespeare has a young king and three friends sign a pact swearing off women and fun in the name of higher learning.

"All goes well for about 10 minutes, until the Princess of France and her entourage of beauties ar-

rive on serious business," Murphy says. "The world becomes a riot of nonsense and miscommunication while the concept of honour is altered to suit the moment."

Jeremy Webb, who won a Merritt Award for his portrayal of Iago in SBTS's Othello last summer, is back with the Point Pleasant Park company.

"This year I get to utilize

If you go...

- Go to [Shakespearebythesea.ca](http://shakespearebythesea.ca) or call 422-0295 for a full schedule of the shows.
- Jack and the Beanstalk-Market runs July 1 to Sept. 6.
- Love's Labour's Lost runs July 5 to Sept. 5.
- Macbeth runs Aug. 1-6
- All evening shows start at 7 p.m.; weekend matinees start at 1 p.m.

my funny bone in Love's Labour's Lost and play a love-crazed Spaniard with possibly the strangest accent in Canada," the ex-pat Englishman says. "Things get darker for me in Macbeth, playing Duncan, the king that Macbeth murders. It's such a sexy, juicy, bloody play."

As usual, all plays will be in the Cambridge Battery. A reworking of the indoor theatre in the lower parking lot means more space when the weather is inclement. It has room for 100 and theatre-goers can book ahead on rainy nights by calling 422-0295.

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30 summer fun



Teams from last year's Manulife Dragon Boat Festival race against each other on Lake Banook.

Race raises money

JON TATTRIE for Metro Halifax

The Manulife Dragon Boat Festival on Lake Banook next month is the perfect way to have a great time for a great cause, says Sports Nova Scotia CEO Jamie Ferguson. The annual event raises money for the Nova Scotia Amateur Sport Fund.

"That helps support our athletes and provides funding for increased opportunities for participation for people of all ages and ability levels," he says, noting sports are a key part of physical and em-



Spectators line Lake Banook to watch last year's race.

if you go...

- This year's Dragon Boat Festival will take place from 9 a.m. to 4 p.m. on Sat., July 11, on Lake Banook in Dartmouth. To learn more or get involved, go to Dragonboat.halifax.ns.ca, email dragonboat@sportnovascotia.ca or call 425-5450.

tional health. "We've done everything from support high-performance athletes to help with coach training and buying equipment for minor sports programs."

The festival, held on July 11, provides the boats; experience is not required. Teams of 20 people, plus a drummer, paddle dragon boats down the lake in a series of fun and friendly races. Organizers say dragon boats are very stable, and the races only last a minute or two, making it a perfect event for everyone, even a team of beginners.

"It's a fun event that people can take part in at any level," Ferguson adds.

Corporate support is a big part of the day. "The feedback we get from those companies is that it's a great opportunity to get a bunch of their staff together. Outside of the race, it's a real festival atmosphere," he says.

Diane Norris, executive director for Boyne Clarke Barristers & Solicitors, has been on the legal boat since the festival began. Previously, the law firm sent 14 members to a war canoe challenge. "We tipped in the canoe. In May. It wasn't fun," she laughs. "You don't tip in the dragon boats."

That's just one reason she loves it. "It is a team-building thing," she explains, saying staff from all levels gets to mix during the race and the months of fundraising that precede it. Boyne-Clarke has been the top corporate fundraiser for the last two years, pulling in more than \$11,481 last year.

"We don't look the best out there, but everyone has fun," Norris says.

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Sir Paul in concert

Paul McCartney — a Beatle and one of music's most enduring personalities — is coming to town. This is the biggest concert to ever hit Halifax. July 11, Halifax Commons. METRO NEWS SERVICES



summer fun **31**

Festival for every music lover

RICHARD WOODBURY
for Metro Halifax

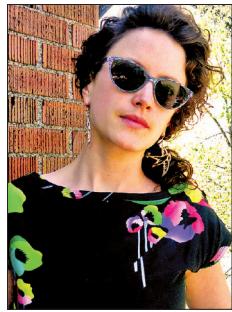


Don't be mistaken, the name might be the Atlantic Jazz Festival, but there'll be music for everyone.

"We do have a lot of music for every music lover," says Laura (Lulu) Healy, the artistic director for the festival.

"There are so many kinds of different jazz music in the festival that people can find something that whether they think they like jazz or not, they'll be able to find something that they really love listening to."

Over the course of the nine-day festival (which runs from July 10-18), there will be more than



Laura (Lulu) Healy.



Blues guitarist Joe Louis Walker, left, and saxophonist Kenny Garrett are just two of the featured artists who will be performing at the Atlantic Jazz Festival this year.

100 shows spread over about 10 venues.

The big difference for this year's festival is there are bigger marquee artists than in previous years, says Healy.

One of the featured acts will be saxophonist Kenny Garrett, who Rolling Stone magazine once said "plays with the kind of clarity, strength and personality that bespeaks experience mated with wisdom." He's played and recorded alongside legends such as Miles Davis, Herbie Hancock and Elvin Jones.

Another star attraction is

blues guitarist Joe Louis Walker, who Rolling Stone once said "has established himself as one of the most talented members of the new generation of blues musicians brought up on a hybrid diet of Chicago blues, pop gospel and classic soul and rhythm & blues." Walker has recorded with diverse artists such as BB King, Ike Turner and Huey Lewis.

Part of the mandate of the festival is to promote local talent, says Healy. More than 350 local musicians will be performing, including Garrett Mason

who will be performing with Walker.

"It's a good chance to see what kind of talent we have in Nova Scotia as well," says Healy.

Another big change from previous years is the introduction of green ini-



tatives. The festival is partnering with the Ecology Action Centre to help make the event greener. Gone will be plastic disposable beer cups and in its place, bio-degradable cups will be the new container of choice for cold suds. Other green initiatives will include using reusable cloths for tables rather than disposable paper ones. There will also be a bike corral on hand to encourage transportation to and from the events on bikes.

fsafdsafsd

- **When:** July 10 to July 18.
- **How many shows:** 100+
- **How to get tickets:** You can buy tickets in person at a Tick-
etpro outlet or at the festival box office. Or, you can order tickets over the phone through

Ticketpro at 1-888-311-9090. Tickets are also available online at atlanticjazzfestival.ca or ticketpro.ca. Tickets can also be purchased at the door.

- **Are there any free concerts?**: Every day at the festival tent,

concerts from 12 p.m. to 5 p.m. are free.

- **Are packages available?**: There are loads of packages and pass offers.

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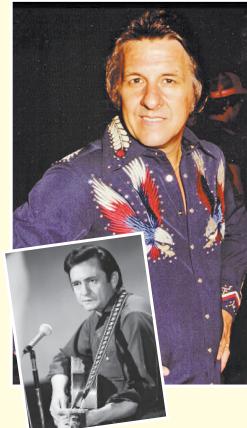
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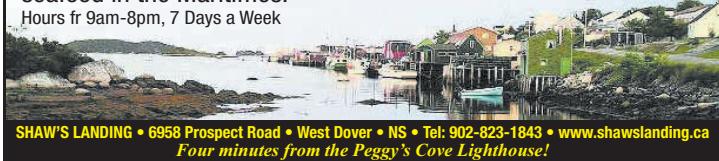


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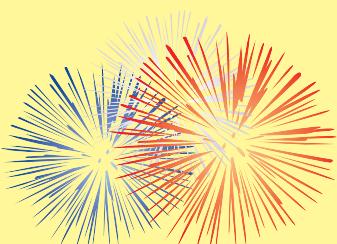


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Fun with festivals

Something for everyone this summer

RICHARD WOODBURY
for Metro Halifax



TORSTAR NEWS SERVICE FILE PHOTO

This is the summer of music in Halifax, with international superstars such as KISS coming to town. But there are also lots of events with a down-home Nova Scotia feel as well. Here's a guide of the things you should know about happening in Halifax this summer.

Music

JOEL PLASKETT: A free Plaskett concert might sound like "Wishful Thinking," but it isn't. What better way to celebrate being Canadian than seeing a free concert headlined by Plaskett. July 1, Alderney Landing, Dartmouth waterfront.

VIRGIN FESTIVAL: Canadian rock icons The Tragically Hip and American punk rock icons The Offspring will be headlining Virgin Festival's first foray into Halifax. July 4, Citadel Hill.

HRM FREE SUMMER CONCERT SERIES: HRM puts your tax dollars to use and presents eight concerts. Some of the performers include Joe Murphy & The Water Street Blues Band and Mike Cowie's 010. Various Thursdays and Saturdays beginning July 4 to Sept. 5, various locations.

KISS: It's been 32 years since KISS rocked Halifax, but the show will be worth the wait. July 18, Halifax Commons.

Festivals

CATCH: THE NOVA SCOTIA SEAFOOD FESTIVAL: If seafood is more your thing, then this is the place to be. The festival will be a showcase of Nova Scotia seafood and the lat-

est culinary trends. June 27 and June 28, Cunard Centre, 961 Marginal Road.

1598 Barrington St.

Sports events

AILEEN MEAGHER INTERNATIONAL TRACK CLASSIC: Cheer on the local talent as they compete against other top Canadian talent, as well as American and Caribbean athletes. Don't miss the "Geezer Mile," open to participants 50 and above. July 1, Huskies Stadium on Tower Road.

Museum exhibits

THE CANOE: A CANADIAN CULTURAL ICON: Find out "how the history, culture, society and economy of Canada are intertwined with the unique qualities of the canoe." Until Sept. 7, Pier 21, 1055 Marginal Rd.

PILE OF BIRDS: THE FOLK ART OF BARRY COLPITTS: Check out the wood carvings of West Jeddore native Barry Colpitts. To July 26, Craig Gallery, Alderney Landing.

CIRCUIT BENDING WITH ADAM KELLY: "Circuit bending is the intuitive and experimental short-circuiting of electronic instruments to create new sounds," says the Art Gallery of Nova Scotia's website. Join Adam Kelly and learn how to circuit bend with second-hand electronic keyboards. June 28, 1-4 p.m., Art Gallery of Nova Scotia, 1723 Hollis Street. (This event is aimed at children 8 and above.)

Workshops

VENUS ENVY: Why not brush up on some sex-ed? Summer workshops offered include Erotic Talk—Talking Dirty for Women and Going Down: A Guide to Fellatio. Various dates,

SALT ESSENTIALS: It's caused wars, served as a form of currency and was at the forefront of the industrial revolution. Learn more about salt. July 11 to Oct. 1, Nova Scotia Museum of Natural History, 1747 Summer Street.

Fireworks

CANADA DAY FIREWORKS: No introduction needed. July 1, 10 p.m., Halifax waterfront.



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Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Editors' Pick**WILD BUNCH**

If your summer travel plans are shaping up to be more of a staycation than a trek through the Amazon, at least you can pretend, à la Where the Wild Things Are, with Smashbox's safari-inspired Untamed collection. The line includes a waterproof shadow/liner in a trio of wearable neutrals and a double-ended eye-brightening pencil that makes it easy to highlight on the fly.



Smashbox Untamed Waterproof Shadow Liner Trio (\$31)

**SPRAY ON**

An outdoor workout ups the perspiration factor, which can render your sun protection useless. The latest sports sunscreens, like Neutrogena's Ultimate Sport, offer sweat-proof formulas in a spray format and with higher SPFs. Exercising off the beaten track? Before you hit the trails, mist yourself with Butterfly Weed's "In the Bush" Citronella Body Oil, a tree-planter-approved, hand-blended bug repellent that contains essential oils like lavender and peppermint.

We've got summer covered! The hottest swim suits, the coolest beach beauty and much, much more, only in our July issue!



HOT, HOT, HOT!

Hit the beach in sizzling pieces that are sure spark some heat



POP TARTS Put your pastels out to a pasture – this season is all about juicy, notice-me hues. Zoya Professional Lacquer in Paz and Midori (\$9.95 each)



SCORCHED EARTH Leave a little to the imagination: A chic scarf doubles as a sarong (\$92, Love Quotes)

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Drama debut

Ryan Reynolds explores his dramatic side

By DENIS SEGUIN
Contributing Writer



Ryan Reynolds has the same handsome blandness that makes actors like Greg Kinnear and Josh Hartnett a canvas for great directors like Paul Schrader and Ridley Scott. But, unlike these fellows, Reynolds hasn't worked with the best of directors since launching his career, as an adolescent, with a role in the Nickelodeon teen soap opera Hillside. At 19, he left Vancouver and moved to Los Angeles, where he eventually landed a part in Two Guys, a Girl and a Pizza Place. Since then, he has not made a name for himself so much as an impression. At 32, with some 20 features under his belt, Reynolds is still referred to as a "relative newcomer." But that's better than "former fiancé of Alanis Morissette" or "husband of Scarlett Johansson."

With his latest film, Fireflies in the Garden, things are looking up: The

film isn't great, but Reynolds is great in it. Fireflies is the story of a deeply dysfunctional family. Reynolds' character, Michael, is on his way back to the Midwestern town where his mother (Julia Roberts) is finally graduating from university. But before he can see her, she is killed in a car accident. "This is the first time I've done a straight drama," says Reynolds. "The subject matter is pretty dark, but I felt like I was peeking through the curtain into a real home."



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Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Alexisonfire grows up

Alexisonfire

Album: Old Crows/
Young Cardinals
Label: Dine Alone
Rating: 1/2

"WE ARE NOT the kids we used to be, stop wishing for yesterday." So goes the chorus of Old Crows, the opening track of Alexisonfire's fourth CD (note: it's yelled, not screamed). Yes, boys and girls, even emo-screamo kids have to grow up, sometime. That's the message deftly delivered here. The members of Alexisonfire were barely out of high school six years ago when they astonished an unsuspecting industry



by scoring platinum with a searing debut CD without the help of a major label. Old Crows/Young Cardinals retains the edge of the old AOF while venturing into a mature sound, more palatable to older ears. The vocal tension between Dallas Green, Wade MacNeil and George Pettit remains, but also produces some remarkable harmonies. Pettit in particular has traded his hardcore screams for an angry, throaty howl. And the social politics he enters in songs like Emerald Street are written with the keen eye of the observer. This is a band that's far stronger than it's individual parts and will hopefully be around for many years to come.

Graham Rockingham/for Metro Canada

The Cliks

Album: Dirty Kings
Label: Warner
Rating:

THE COVER OF this Toronto band's third album promises to deliver some nasty, below-the-belt punches. But the only real dirt here is a sexual tease. The Cliks have streamlined into that of a slickly produced guitar-based power trio. The album comes out of the box bubbling over with hypersexual tension on the opening track Haunted and the title song Dirty King, but settles into the plodding comfort zone of '80s pow-



Music Reviews

music@metroneWS.ca

er balladry on Not Your Boy, Red and Blue and eventually slides into the graceful cabaret of Emily. The Cliks are at their best when following the driving lead of bassist Jen Benton. Lead singer and guitarist Lucas Silveira has the potential for achieving major alt-rock divadom. He'll find it easier to achieve by serving up more dirt and less theatre.

Graham Rockingham/for Metro Canada



Next Riddler?

Johnny Depp wants to play the Riddler in the next Batman movie. The Public Enemies star would love to take on the role of the game-obsessed villain in the superhero blockbuster.

FEMALEFIRST.CO.UK

***** A CLASSIC; ***** EXCELLENT; *** GOOD; ** FAIR; * POOR



Old Crows/Young Cardinals is the new album from Alexisonfire.

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The Mars Volta

Album: Octahedron
Label: Warner
Rating:

THE MARS VOLTA'S heavy prog-rock riffs have sent fans of the band members' old band, At The Drive-In, running for the hills a long time ago. And while their fifth disc won't bring back all those followers, this might be the album that'll win over the critics. Octahedron is still loaded with meandering guitars, Rush-like vocals and incredibly complex arrangements, but it's more measured, and less over-the-top than their previous work. The instrumentation is looser, the vocals accessible, and the band's pretension has been dialed back.

Bryan Borzykowski/for Metro Canada

Ginuwine

Album: A Man's Thoughts
Label: Warner/Asylum
Rating:



IN THE MID-90S, a young Ginuwine broke onto the R&B scene with a steamy invitation to his personal Pony ride. Since then, the singer has put childish metaphors away, offering A Man's Thoughts on his mature sixth album. But sensible music can still be sensual, like the commitment-minded Last Chance, and Bridge To Love, a bumping duet with Brandy where he promises he's "tired of them games." His up-tempo numbers are less successful; despite reuniting with Missy and Timbaland, Get Involved falls flat.

Jason Richards/for Metro Canada

Regina Spektor

Album: Far
Label: Sire/Warner
Rating:

IT'S HARD TO figure Spektor out. The Moscow-born Bronx-raised pianist wowed fans with her dark songs on Begin to Hope, but here she's playing the pure pop princess. Equal parts cute, quirky and just plain weird, Far delivers an eclectic mix of jumpy piano numbers and indie Feist-like sounds. For the most part it works — Eet is a rollicking track with a wicked falsetto — but there are some flops, such as the plodding Machine, a tune too industrial for its own good.

Bryan Borzykowski/for Metro Canada

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Star power in Spacey's Invention

FILM Kevin Spacey will star in and produce *Father of Invention*, an ensemble comedy whose cast includes Heather Graham as a lesbian who sleeps with his character.

The story follows a humble inventor-turned-egomaniacal billionaire (Spacey) who spends eight years in prison when one of his inventions goes awry. Upon release, he is seeking to rebuild his reputation and fortune but finds that easier than salvaging his relationship with his family.

Craig Robinson (*The Office*) will play the husband of the former billionaire's ex-wife who now lives in his house and drives his car and helps Spacey get back on his feet after he gets out of prison.

Brazilian actress Camilla Belle (*Push*) will play his daughter.

Johnny Knoxville (*Killshot*) will play a store manager who hires Spacey's character after his prison stint.

REUTERS

Romantic gangsters return

PHIL BROWN
for Metro Canada



These days movie gangsters only seem to come out of *The Sopranos* or *Goodfellas* mould. Most of the time we're limited realistic wise guys who are both charming and frightening.

That's all well and good — some of the best movies ever made have sprung from this style — but whatever happened to the romantic gangsters of old?

The classic '30s mobsters who spat out tongue-twisting one-liners as fast as the bullets that came out of their Tommy guns; the guys who dressed in sharp suits, lived in the finest hotels, and went out with high-class dangerous ladies who could only be described as "dames."

With the release of Michael Mann's highly anticipated *Public Enemies* next week, it's time to look back at the best of the old school gangster flicks. From the original black



Johnny Depp stars in Michael Mann's *Public Enemies*.

and white classics that created the genre to the stylized modern mobsters movies that contemporary directors have made in honor of the past.

• **SCARFACE (1931)** Produced by Howard Hughes and directed by Howard Hawks, this nasty little movie was so shocking at the time that it was one of the primary causes of the start of film

censorship. Al Pacino's instantly iconic performance in the 1983 remake may have eclipsed this Scarface in terms of brand name recognition, but original still holds up quite well.

• **LITTLE CAESAR (1931)** This film might not be as polished as the other founding mobster movies, but it wins points for having the most memorable gangster of the

era. Edward G. Robinson's unforgettable nasal voiced crime lord was the go-to mobster voice in countless cartoons and parodies until Marlon Brando created *The Godfather*.

• **THE PUBLIC ENEMY (1931)** You simply can't have a list of classic gangster movies without at least one entry featuring James Cagney. His "top of the world ma"

speech in *White Heat* might be one his most memorable onscreen moment, and *The Public Enemy* is his best movie by a mile.

• **THE UNTOUCHABLES (1987)**

Brian DePalma brought back smart suited gangsters with style in this '80s blockbuster. Robert DeNiro's Al Capone made organized crime look more decadent than anyone else thanks to a massive costume budget. Just don't get in his way when he's clutching a bat and spitting out an eloquent David Mamet monologue about baseball. That'll get you into trouble.

• **MILLER'S CROSSING (1990)**

The Coen Brothers brought black Tommy gun gangsters with their trademark style and self-conscious wit in this modern masterpiece. With character names like "the Dane" and loopy lines like "take your flunk and dangle," the Coen's classic seemed like the ultimate '30s gangster revival. Well, at least until Michael Mann headed to Chicago with Johnny Depp and Christian Bale.

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Efron goes for the thrills

Zac Efron has signed on to appear in an untitled thriller from Mandate Pictures. Little is known about the project other than it's written by Leslie Dixon, who wrote Hairspray. EMPIREONLINE.COM



Princess ready to rule

TV movie highlights Disney's rising star Lovato

IAN JOHNSTON
for Metro Canada

Disney's latest acting-and-singing megastar doesn't mind missing out on normal teen things like high school. At 17, she just wants to work.

"I'll relax when I'm older," says Demi Lovato, whose last couple of years have included a hit album, a sold-out tour with the Jonas Brothers, the Disney megahit Camp Rock, a sitcom (Sonny With A Chance), and the TV movie Princess Protection Program, airing this weekend on Family.

Oh, and there's also a second 2009 album, set for release next month, plus the inevitable Camp Rock 2.

"That's crazy, I know. But I'm doing it. Why not take advantage of it now if the opportunity is there?" says Lovato, who was in Toronto recently for the red carpet

premiere of Princess Protection Program.

The comedy is a typically lighthearted fish-out-of-water Disney TV movie about a princess (Lovato) who befriends an American tomboy (Selena Gomez), while hiding out in a small southern town.

Princess is just Lovato's latest project with Disney, responsible for steering the careers of such tween sensations as Miley Cyrus and The Jonas Brothers. Lovato isn't as famous as all that — yet — but she's getting there. Lovato says she's comfortable with fame and being a role model for kids.

"I knew going into Camp Rock I'd become a role model. But I want people to know I'm growing up right in front of you. So I'm going to make mistakes. I want to be a role model for what I do or overcome — not being perfect."

Princess teams Lovato



Demi Lovato returns to Disney with the TV movie Princess Protection Program.

with her longtime friend Gomez, another rising Disney star best known for the series The Wizards of Waverley Place. The pair first met as seven-year-olds

in Dallas at, believe it or not, a casting call for The Barney Show. "She was wearing a red

"I want to be a role model for what I do or overcome — not being perfect."

Demi Lovato

ribbon in her hair, and turned around, and asked me if I wanted to colour with her," recalls Gomez.

"I think Disney really likes our friendship because it's honest and genuine. So they wanted to capture that on screen."

Lovato agrees, saying Disney is very particular with the projects it chooses for its young stars.

"They're very hands-on. Very careful. Because they have a large audience that's bigger than others that's very family-oriented. They have to be careful."

Princess Protection Program airs tomorrow on The Family Channel



Daniel Craig

Craig in talks to join psych-thriller

CASTING Daniel Craig can shake, but can he stir?

The latest James Bond has proved a critical and commercial success in his two turns in the iconic role, for Casino Royale and Quantum of Solace. But he has been deliberate in choosing his next live-action role.

Now comes word he is in early talks to star in Dream House, a psychological thriller to be directed by Irish filmmaker Jim Sheridan for indie producer Morgan Creek.

In the David Loucka script, Craig would play a man who moves his family to an idyllic small town, only to find his house haunted by its former inhabitants, who were murdered there.

REUTERS

	HA	H	D	B	ABC	News (N)	ABC Wild News	Inside Edition	Chronicle	Samantha Who	In Motherhood	Grey's Anatomy	Practice
6/25/09	31	31	31	A&E	News (N)	ABC News (N)	The Road to Avonlea	Instant Star	TMZ (N)	Greek "Freshman Daze"	Grey's Anatomy	Practice	
	7	7	7	ASN						Doc Zone (HDTV)	CBC News: The National	The Hour	
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	The Dolphin Dealer (2008)	Des squlettes	Gars file	Perdus "Namaste" (SC)	Bons bâtons de France (SC)	Le Téléjournal	
	2	2	2	CBC-F	Urgences "Quo vadis?" (SC)			Depenses xtr	Marché	Dr. House (HDTV) (SC)	Mollie (HDTV)	CSI: Crime Scene Invstgtn.	The Mentalist
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	Criminal Minds (HDTV)				
	69	69	69	CFTM	TV 18 hours	Sucré-salé	Depenses xtr	Marché	Dr. House (HDTV) (SC)		TVA 22 heures		
	6	6	6	CIFH	Entertainment	ET Canada	Harper's Island "Splash"	Bones (HDTV PA)	Bones (HDTV PA)	The Office	The Office	News (N)	
	9	9	9	CJCH	etalk	Hollywood	The Listener "Lisa Says"	Criminal Minds (HDTV)		So You Think You Can Dance	So You Think You Can Dance	News (N)	
	10	10	10	ELTV	(6) EastLink Television			Podium TV		EastLink Television			
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	Bones (HDTV PA)	So You Think You Can Dance	Fox First		
prime time	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	30 Rock	The Office	30 Rock	The Listener	
	29	29	29	NW	World News	CBC News	Marketplace	The Hour		CBC News: The National	Nature-Things		
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	Viewer Favorites			Viewer Favorites			
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	This Old Hse.	Yankee Shop	Ask This Old Michigan	MI-5		
	68	68	68	TOS	Farcures	Chemin du golf	Grande fille	Avec Albert	Meurtre à domicile (2006, Suspense)	Barbara Niven. (SC)	Msr Showbiz		
news	23	96	96	BNN	Business News	Headline	Market Call	Commodities	GetConnected	Business News	Squeeze Play	Market Call	
	18	18	18	CNN	Situation Room-Wolf Blitzer	Lou Dobbs Tonight	Campbell Brown (N)	Campbell Brown (N)	Campbell Brown (N)	Larry King Live (N)	Cooper 360		
	54	54	54	GOLF	Golf Central	PGA Tour Golf	Nationwide Tour -- Players Cup -- First Round.			PGA Tour Golf Travelers Championship -- First Round.			
sports	52	52	52	RSE	Sportnet Connected	Air Racing From Windsor, Ont.				Best Damn Sports Show	Sportsnet Con.		
	55	55	55	SCOR	(6) HSR	2009 NBA Draft From New York.					Score Tonight		
	45	45	45	SPD	Unique Whips	Pimp My Ride	Pass Time	Pinks - All Out (HDTV)	Pinks - All Out (HDTV)		Wrecked (N)		
family	53	53	53	TSN	Off the Record	SportsCentre	MLB Baseball Cincinnati Reds at Toronto Blue Jays. From Rogers Centre in Toronto.				SportsCentre		
	43	43	43	FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	44	44	44	TOON	Ben 10	Johnny Test	Stoked (N)	Stoked (N)	6TEEN	Futurama	Tank Girl * (1995, Ice-T)		
sports	26	26	26	TREE	Wonder Pets	Big & Small	Backyardigans	Nght Grdn	Max & Ruby	Little Bear	Maggie-Beast	Comfy Couch	
	27	27	27	YTV	Drake & Josh	Family Biz	Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	In Real Life	Falcon Beach	
	16	16	16	A&E	Cold Case Files (HDTV)	The First 48 (HDTV)	The First 48 (HDTV)	The First 48 (HDTV)	Crime 360 Serial robber	Crime 360 (N)	Crime 360 (N)		
cable variety	70	70	70	APTN	News (N)	Warriors: TKO Wapoy Bay	By the Rapids	renegadepress	U.S. Marshals ** (1998, Crime Drama)	Master P.	College Hill		
	50	50	50	BET	106 & Park: BET's Top 10 Live "Top 10 Countdown"	I Got the Hook-Up * (1998, Comedy)	I Got the Hook-Up * (1998, Comedy)	I Got the Hook-Up * (1998, Comedy)	Crime 360 Serial robber	Crime 360 (N)			
	37	37	37	BRVO	Street Legal	Mr. Tapew	Snapshot	Bathroom Divas-Opera Star	Walk All Over Me (2007, Crime Drama)				
cable variety	25	25	25	CMT	Totally	Totally	Shaye: This Is It	Home Improve.	Home Improve.	Live at the Orange Lounge with Keith Urban			
	49	49	49	COM	Laughs	Comedy Now	Air Force	Just for Laughs	Corner Gas	The Simpsons South Park	Comedy Now		
	153	153	153	COURT	Truth, Duty, Valor	World's Wildest Police Videos	Cops Uncut	Dumb Criminal	Navy SEALS		Police Videos		
cable variety	38	38	38	DISC	How It's Made	How It's Made	Daily Planet (N)	The Great Sperm Race		Time Warp	MythBusters		
	34	48	48	HGTV	Homes on Homes	Property Virgin	Holmes in New Orleans	Disaster DIY	Big Amazing	House Hunters			
	46	46	46	HIST	Unlocking the Past	NCIS "Head Case"	Ancient Discoveries	Unlocking the Past	NCIS				
cable variety	17	17	17	MM	Paris Hilton's My New BFF	One Tree Hill	Degrassi: TNG	Instant Star	Paris Hilton's My New BFF	Video on Trial			
	19	19	19	MM	mmp top 10 ca	PunchMuchMoreRetro	MuchMoreMusic Countdown	The Daily Fix		Entourage			
	201	201	201	M1	How to Rob	(745) The Perfect Assistant (2008, Drama)	Nurse Jackie	Ghost Town *** (2008, Comedy)					
cable variety	48	23	23	OLN	The Amazing Race 4	Bounty Hunter	Bounty Hunter	Departures	Survivorman				
	51	51	51	PEACH	Seinfeld	Friends	MLB Baseball New York Yankees at Atlanta Braves. (HDTV) From Turner Field in Atlanta. (Live)						
	209	206	206	PIX	(6:50) The Big Slice (1990, Comedy)								
cable variety	67	67	67	RDI	RDI en direct	RDI en direct	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)	RDI en direct			
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits	Love-Death	Love-Death	Seventeen and Missing (2007, Drama)			
	40	40	40	SLICE	So Chic	Skin Deep	Skin Deep	Til Debt-Part	Last 10	Last 10	Bulging Brides		
cable variety	47	47	47	SPACE	Stargate SG-1	The Listener (N) (DVS)	Star Trek: Voyager		SS Doomtrooper (2006, Science Fiction)				
	14	14	14	SPIKE	CSI: Crime Scene Invstgn.	UFC Unleashed	UFC Unleashed	TNA Wrestling (HDTV) (N)					
	57	98	98	STAR	etalk	Hollywood	The Ellen DeGeneres Show	TMZ (N)	etalk	Paris Hilton's My New BFF	Tonight Show		
cable variety	21	21	21	TLC	What Not to Wear	Overhaulin' (HDTV)	American Chopper	American Chopper (N)	American Chopper (N)	Paint Misbehav			
	56	34	34	TROP	North of 60 "The Cure"	Traders "Meltdown"	Inside Hollywood (N)	Seinfeld	Raymond	Family Guy			
	20	20	20	TV5	Que-champion	Journa de Fr2	Destinations	Comme chez	Envoyé spécial				
cable variety	28	28	28	V	Ekhaya -- A Family Chronicle	Murder, She Wrote	Wait for God	Allô, Allô!	The Solid Gold Cadillac (1956, Comedy)				
	60	97	97	VIVA	Mysterious Ways	Judging Amy	Most Haunted	The Closer "Slippin"					
	22	22	22	W	Style by Jury	How Clean	Divine Design	House	The Closer "Slippin"				
cable variety	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Smallville "Plastique"	Supernatural (HDTV)	WGN News		

critics' corner

CMT Live at the Orange Lounge with Keith Urban

He's got several tour stops in Canada this fall, but if you can't wait that long, enjoy this concert special that country music's wonder from Down Under taped in Toronto in May. Highlights include a haunting acoustic version of "Once in a Lifetime" and a string of songs from his latest album, "Defying Gravity."

10 PM on CMT



The Dolphin Dealer

People love dolphins — watching them perform at marine parks, swimming with them or just watching "Flipper." And that's made Chris Porter a lot of money. This 2008 documentary chronicles four years in the life of Porter, who captures and sells dolphins to marine parks and resorts. He says he's strengthening the bond between dolphins and humans; his detractors say he's exploiting the animals. This could get ugly ... and does. 8 PM on CBC

Penn & Teller: Bull...!

As the title of this series indicates, the comedic-magician duo doesn't play by the usual TV rules in exposing a number of controversial topics, from scams and superstitions to myths and miracles. Each half-hour episode mixes the attempted exposés with some of the humor for which Penn & Teller are famous. 12 AM on M1



Karl Wolf - Carrera

Pitbull - Calle Ocho

Jamie Foxx Ft T-Pain - Blame It

Keri Hilson Ft Kanye West & T-Pain - Knock You Down

Lady Gaga - Paparazzi

3OH!3 - Don't Trust Me

Black Eyed Peas - I Gotta Feeling

Jeremih - Birthday Sex

Sean Kingston - Fire Burnin'

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38 entertainment



Nick Lachey and Vanessa Minnillo have called it quits, their reps confirm to people.com. "They have amicably split but remain good friends who still greatly care for one another," Minnillo's rep said of the couple, who began dating in 2006. METRO NEWS SERVICES

Nick nixes relationship

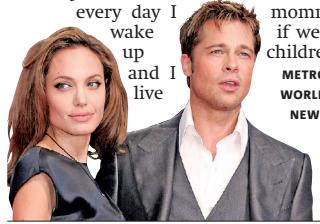
Celebrity Buzz

What's life without Brad?

SOULMATES Angelina Jolie admits she couldn't imagine life without Brad Pitt. "I don't like being without him. I don't love being alone any more," she told Britain's OK magazine.

"He's amazing. He's a really dedicated father. I feel very blessed that

every day I wake up and I live



with my favourite people in the world, as well as my best friend."

And then there are the six kids they share. "Of course couple time is important, but we've grown to love the chaos of six kids and the fact that you can never stop being mommy and daddy. Even if we lock our door the children come knocking."

METRO WORLD NEWS

Jarret calls the whole thing off

HEARTBREAK Model Rachel Hunter has split from her ice hockey player fiance Jarret Stoll, the U.K.'s Daily Mail reports.

Ostensibly, Stoll ended the relationship in person — but the would-be groom informed wedding guests via email, people.com reports.

Stoll, 27, apparently

did not provide a reason

for the cancellation to the guests — or the bride. A friend of the model told The Sun, "She is absolutely devastated. Everything was in place for their wedding — she had the venue, the designer dress, the guest list.



Chris kicks into career-saving mode?

DAMAGE CONTROL Chris Brown won't go to jail for assaulting Rihanna, but the question now is whether his plea-bar-gained penalty — community labour, probation, domestic violence classes — will reform his behaviour and save his career, people.com reports.

Brown reached a deal

with prosecutors in exchange for pleading guilty to felony assault — and some experts say the R&B star is already off to a good start.

"In accepting a plea bargain, you're accepting responsibility for your behaviour," said New York City clinical psychologist Jeffery Gardere. And by

taking the court-mandated classes, Brown will be forced to face the issues that led him to become violent in the first place. "Part of those classes is talking about what happened as well as learning what your actions can do to victims and to yourself," he said.

While it remains to be seen how the singer handles his anger, living in the public eye may serve as an extra deter-

rent. What may be harder for Brown — once known as a good boy — is rehabbing his image.

"A song with the proper lyrics and melody can heal wounds," explained former record label executive Charlie Walk, president and CEO of CWE Media, a multimedia entertainment company. "If he apologizes through song, that may be enough to take him where he needs to go."

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Madge pines for Ashcombe

NOSTALGIA Madonna apparently misses Ashcombe, her English country estate, so much that she's reportedly sparing no cost to make over her New York City home in its image — room by room.

"It would have been easier if she had just asked Guy Ritchie if she could take every-

thing from Ashcombe with her," a source told the Daily Mirror. "She has ordered flunkies to go out and troll the Upper East Side boutiques for candelabras, side tables and period chaises."

METRO WORLD NEWS

Matthew is one happy dad

NEWBORNS Leaving the stage door late Tuesday night, after his performance in Broadway's The Philanthropist, Matthew Broderick told People about the birth of his and Sarah Jessica Parker's twins: "I'm very happy. I don't know what else to say."

He added, "I've seen them already. I just got back."

from Ohio, where the girls were born Monday.

The couple has been readying the nursery for their new daughters, Marion Loretta Elwell and Tabitha Hodge Broderick. They recently cleaned house at their West Village brownstone, removing boxes filled with dishes, photos and musical equipment to make room for their expanding brood.

METRO NEWS SERVICES

Britney mourns McMahon

TRIBUTE Britney Spears is mourning the death of Ed McMahon, who died Tuesday at age 86 after a battle with cancer, usmagazine.com reports.

"I am deeply saddened by today's news about Ed McMahon," Spears Tweeted Tuesday.

Spears' history with McMahon dates back to 1992 when, at the

age of 10, she sang Naomi Judd's Love Can Build a Bridge on the McMahon-hosted show Star Search.

"He is responsible for giving so many artists their first shot, including myself," Spears said in her statement. "He was a wonderful man and will be greatly missed."

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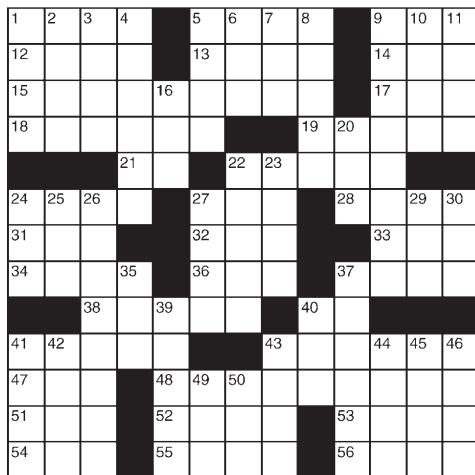
Today
Cloudy
23° / 15°

Friday
Variable
21° / 15°

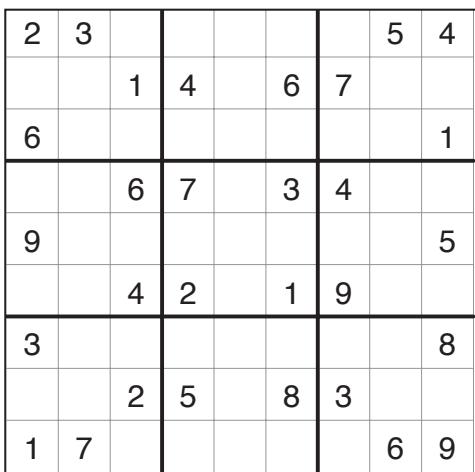
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**Sudoku** For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**Crossword across**

1 Serve tea 33 Astaire specialty
5 Nibble away at 34 Make one's way
9 Once around the track 36 Foolhardy goddess
12 Teensy bit 37 Peru's capital
13 Easy gait 38 Manhattan Project scientist
14 Swelling aid 40 Lindbergh book
15 Trattoria order 41 Musical show
17 Support system? 43 Piece maker?
18 Off the boat 47 Cistern
19 Harder to find 48 Lucia di Lammermoor
21 Celeb-oriented composer
22 Tin star 51 Performance
24 Datum 52 First victim
27 Solidify 53 Midday
28 Elevator name 54 Muumuu accessory
31 Conceit 55 Mob scene
32 Adaptable truck 56 Woman of the knight?

Crossword down

1 Tower city 26 New Year's Eve mess
2 "My bad" 27 "Where America's Day
3 Hexagonal state Begins"
4 Mixture 29 "How Dry —"
5 Merriment 30 Resort
6 "To be or — ..." 35 Aachen article
7 Likely 37 Myth
8 Odd 39 Speeder's worry
9 Musical texts 40 Oz VIP
10 Farm fraction 41 Elliptical
11 Bartlett, for one 42 Wear a rut in the rug
16 Day pts. 43 Leave at the altar
20 Past 44 Old portico
22 Playwright Ugo 45 Bit for 38-Across
23 Sheltered 46 Sommelier's suggestion
24 A mere handful 49 Kimono closer
25 Census statistic 50 Ultramodernist

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

M	I	S	O	L	A	M	A	P	S	E
A	N	T	E	A	L	I	C	H	A	T
S	C	A	L	A	W	A	G	T	O	R
S	H	R	I	L	I	N	A	J	A	N
A	B	E	E	T	R	E	E	I	E	N
P	O	M	A	S	H	A	S	T	I	N
D	I	A	L	S	I	R	S	K	A	E
A	L	I	E	N	M	E	T	G	E	T
N	A	I	F	E	L	A	P			
C	O	D	D	L	E	A	T	E	A	S
O	G	R	E	M	I	X	D	B	A	G
A	L	A	R	O	D	E	A	L	S	O
L	E	G	S	N	O	D				E

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Under 13 minGenius 17-21 minSmart
13-17 minScholar 21-25 minNot bad
25+ minKeep practising

Horoscopes by Sally Brompton**ARIES**

MARCH 21-APRIL 20



You'll feel a lump in your throat when you hear a hard luck story today. Being an Aries, you'll also want to do something practical to help.

LIBRA

SEPT 23-OCT 23



Your efforts in the next few days will bring amazing results — just don't worry you can't live up to others' expectations. You'll surpass them.

TAURUS

APRIL 21-MAY 21



Your smooth-talking ways will come to your rescue today, especially on the work front where you may have to say nice things to stay on good terms.

SCORPIO

OCT 24-NOV 22



A positive attitude will bring positive results today. A trip outside your usual neighbourhood will open your mind and could even bring romance.

GEMINI

MAY 22-JUNE 21



You may be a fun-loving type but if you get carried away in the next few days the bill may be bigger than expected. Make sure others pay their share.

SAGITTARIUS

NOV 23-DEC 21



Few things happen that are not part of a wider plan. If you can internalize that thought you will never again worry about minor setbacks.

CANCER

JUNE 22-JULY 22



Someone seems to think they can tell you what to do, but you have no intention of dancing to their tune like a puppet. Cut the ties and set yourself free.

CAPRICORN

DEC 22-JAN 20



What pleases the love of your life pleases you too, but don't let that blind you to the fact that not all your needs and desires coincide.

LEO JULY 23-AUG 23

You enjoy being the centre of attention, but you won't be in the mood for socializing today. You don't have to make an effort if you don't really want to.

AQUARIUS

JAN 21-FEB 18



You'd do anything for anyone, loved one or stranger, but that can make you a target for less honest types. Don't let them exploit you.

VIRGO

AUG 24-SEPT 22



Someone will try to embarrass you today but they'll only succeed if you allow yourself to feel guilty about what you have done.

PISCES

FEB 19-MARCH 20



The sun in Cancer at this time of year makes all things possible, so why are you trying to go back and change outcomes that have already occurred?

WORDY GURDY

BY TRUCKY RICKY KANE
Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Kick out or prohibit a male adult (1)
2. Erie or Huron seismic event (1)
3. Divvies up Bartlett fruit (1)
4. Overweight comic actor Chase (2)
5. Faster biting insect, informally (2)
6. Shoplifters' "pet" annoyances (1)
7. Certain candy bar's tongue lappers (2)

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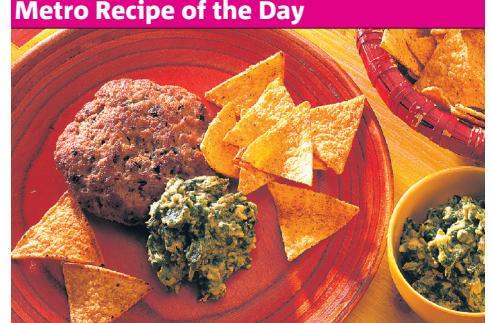
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Take Five**Spicy Pork Burgers with Guacamole****INGREDIENTS:**

3 tbsp (45 ml) canola oil

2 cloves garlic

1 small onion

2 fresh red or green chili peppers

1 tsp (5 ml) ground coriander

1 tsp (5 ml) ground cumin

Small bunch of cilantro

1 lb (450 g) ground pork

1 small egg

Salt and black pepper

1 lemon or lime

1 large avocado

METHOD:

1. Heat 1 tbsp (15 ml) canola oil in small frying pan. Peel and crush 1 clove of garlic, peel and finely chop onion, add to pan and fry until soft.

2. Rinse and finely chop fresh chili peppers, including seeds. Set half aside for guacamole and add remainder to onion. Stir in spices and fry gently 3 minutes, or until mixture is soft but not browned.

3. Rinse, dry and roughly chop enough cilantro leaves to give 2 tbsp (25 ml) and add half to re-served chili peppers. Put

rest of chopped coriander into large bowl and add fried onion mixture, pork, egg, salt and pepper. Wash wax from lemon or lime, finely grate rind into bowl and stir mixture, which should be slightly soft.

4. Heat remaining oil in large frying pan. Divide mixture into four and pat each piece into fairly flat burger. Fry over moderate heat 5–6 minutes per side, until cooked through.

5. For guacamole, squeeze juice from half lemon or lime and put into bowl with reserved chili peppers. Peel remaining garlic clove and crush into bowl. Halve and pit avocado, and scoop flesh into bowl. Season, then mash together well.

6. Drain burgers on paper towels and serve with guacamole and corn chips or soft tortillas.

SERVES 4**rd.ca**

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!





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